



National Offender
Management Service



Brochure of female offender personality disorder services

Fifth edition, September 2014



Contents

THE WOMEN OFFENDER PERSONALITY DISORDER PATHWAY	4
PART A: PRISON TREATMENT SERVICES.....	5
The Primrose Service at HMP/YOI Low Newton	6
Democratic Therapeutic Community at HMP Send	7
The CAMEO Personality Disorder Treatment Service at HMP & YOI Foston Hall	8
Personality Disorder Service at HMP & YOI Eastwood Park.....	10
The Rivendell Service at HMP/YOI New Hall	11
Choices, Actions, Relationships & Emotions at HMP & YOI Foston Hall and HMP & YOI New Hall.....	12
PART B: PROGRESSION SERVICES.....	14
Progression PIPE at HMP Send	15
Progression PIPE at HMP & YOI Low Newton.....	16
Whole prison Enabling Environment at HMP & YOI Drake Hall	17
Crowley House Approved Premises PIPE	18
Edith Rigby House Approved Premises PIPE	19
Together Women Mentoring and Advocacy Service for women offenders with personality disorder in N. England and N. Wales.....	20
WIRE-ASD (Women’s Information & Resettlement for Ex-offenders with Autistic Spectrum Disorder) Project	21
Pan-London Complex Needs Project	22
Pilot Yorkshire / Humber Intensive Integrated Risk Management (IIRM) Pathway for women offenders with personality disorder	23
FIPTS community PD team, South London and Maudsley NHS	24
PART C: SECURE HOSPITAL SERVICES	25
Rampton National High Secure Healthcare Service for Women.....	26
Arnold Lodge Women’s Enhanced Medium Secure Service (WEMSS, Coniston Ward)	27

Introduction

Welcome to the Brochure

- The **aim** of this Brochure is to support all staff working with female offenders with personality disorder by providing information and guidance on the range of services which are currently being developed and delivered as part of the Government's strategy for male offenders with personality disorder (PD).
- Its **objectives** are:
 - To increase awareness of services available for women offenders with personality disorder
 - To encourage appropriate referrals to the services and support them to operate at full capacity
 - To help women offenders with personality disorder gain access to the services they need.

How to use this Brochure

- Please use the contents table on p.2 to search for a particular service, if you already know it by name.
- The Brochure is divided into three parts: (A) Prison-based Treatment; (B) Progression; (C) Secure Hospital
- If you are searching for an appropriate service for an offender you are working with, please review each service, checking particularly for the catchment area for the service, the length of intervention, and the entry criteria.
- Once you have identified a potential service that may be appropriate, please refer to the service's Contact Details, and enquire about making a referral.
- **If you are not the offender's Offender Manager (OM), please ensure that you liaise with the OM to ensure that the referral fits with the offender's pathway plan.**
- If you remain unsure about which service(s) may be best suited for your offender, please contact your regional PD co-commissioners or email pd@noms.gsi.gov.uk.

Version control and getting in touch

- The version date of the Brochure is shown on the cover page. Services are constantly developing in response to need, demand and the emerging evidence base, and new services are being introduced regularly. To check you are referring to the most up-to-date version of this Brochure, please visit the Main Site of Kahootz. If you do not have access to Kahootz, please email pd@noms.gsi.gov.uk.
- To update information in this Brochure about your service, or if you have any comments or feedback, please email pd@noms.gsi.gov.uk.
- A similar Brochure is available (on Kahootz and the NOMS intranet) with regard to services for male offenders with personality disorder.

The women offender personality disorder pathway


- A strategy for improving the care and management of women offenders with personality disorder was approved by Ministers in 2011. This commitment was reaffirmed by Ministers in 2013.
- The strategy is based on the key principle that women offenders who have personality disorder are a **shared responsibility** between NOMS and the NHS. It therefore requires **joint operations**, planning and delivery, but will introduce new services mainly in the criminal justice system. Interventions must be **psychologically informed**, **gender-responsive** and based on the best available evidence, focussing on **relationships** and the social context in which people live. The strategy aims to improve the way women move progressively through an **active pathway** of appropriate interventions. It will increase availability of and access to specialised PD services and **support staff** to develop their knowledge, skills and confidence in working with women offenders with personality disorder.
- As part of the strategy, NOMS and the NHS are together introducing:
 - **Early identification and pathway planning**: a gender-specific approach to identifying women likely to meet the entry criteria will be applied, and those identified will receive an individualised **pathway plan**, stitching together sequences of appropriate interventions. Each woman identified will also have the opportunity to receive independent **mentoring and advocacy**
 - Up to **four new personality disorder treatment services** in prisons – the three sites selected so far are Foston Hall, New Hall and Eastwood Park. This builds on existing treatment provision at Low Newton (Primrose service) and Send (Democratic Therapeutic Community)
 - Improved access to **accredited offending behaviour programmes**, in particular the CARE programme (Choices, Actions, Relationships, Emotions) – now available at Foston Hall and New Hall
 - **Psychologically informed planned environments (PIPEs) and enabling environments (EEs)**: PIPEs and EEs are specifically designed environments to support offenders to maintain and achieve pathway progress. PIPE places are now available at Low Newton and Send. The women's strategy will develop the six women's approved premises into EEs or PIPEs. EEs will also be introduced at Styal, Holloway, Peterborough and Bronzefield. Drake Hall will develop into a whole prison EE.
 - **Community-based provision**: the community part of the pathway will consist of joint probation/health teams providing: case consultation to offender managers to assist them in managing offenders with PD (both in custody and the community); case formulation; gender-specific workforce development; joint casework; and where there are sufficient numbers, delivery of group based programmes.

Part A: Prison treatment services

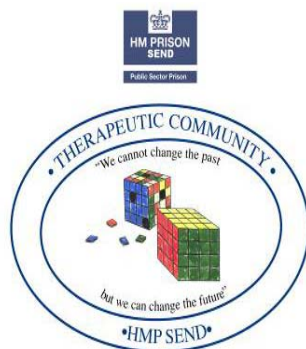




The Primrose Service at HMP/YOI Low Newton



Address	47 Finchale Avenue, Brasside, Durham, DH1 5SD
Description of service	The Primrose Service offers 12 places for high risk of harm female offenders presenting with severe personality disorder. The service forms the top tier of the <i>Offender Personality Disorder Strategy for Women</i> and won a prestigious WHO (World Health Organisation) award in 2009 for the high quality of service provided to female prisoners.
Delivery partners	The service is a joint initiative involving NOMS, NHS England and Tees, Esk and Wear Valleys (TEWV) NHS Foundation Trust. The service has strong links within HMP & YOI Low Newton with a number of different departments including the Offender Management Unit (OMU), Reader in Residence, and education. There is a part-time MIND counsellor also dedicated to the service. External links with outside agencies including the Probation Service are also maintained.
Number of places	12
Residential or non-residential	Residential
Approx. length of intervention	Potential candidates must have at least three years of their sentence left to serve.
Catchment area	National across England & Wales
Entry Criteria	<p>Primrose is the national women's high risk of harm service for England & Wales. It can accommodate one restricted status woman at any time.</p> <ul style="list-style-type: none"> ▪ A current offence of violence against the person, criminal damage including arson, sexual (not economically motivated offences) and/or where the victim is a child; <i>and</i> ▪ Assessed as presenting a high risk of committing another serious offence; <i>and</i> ▪ Likely to have a severe form of personality disorder; <i>and</i> ▪ A clinically justifiable link between the above. ▪ Have at least three years of their sentence left to serve.
Interventions offered	Dialectical Behaviour Therapy (DBT), Trauma Recovery Empowerment Model (TREM©), Wellness Recovery Action Plan (WRAP©), Motivation & Engagement (part of the Chromis© package), Life Minus Violence – Enhanced (LMV-E™), individual specialist offence-focused work, art therapy, psychiatric sessions and other life skills sessions. Additional interventions also include Prim-role Play, Mobile Team Challenge (MTC) as well as further services including the <i>Officer Led Programme (OLP)</i> which includes the officer led clinic, acupuncture, massage, creative sessions and mural projects. There are a mixture of group and individual sessions.
Contact Details	janetm.marsden@hmpr.gsi.gov.uk , 0191-376 4161
Web Links	http://www.personalitydisorder.org.uk/
Information leaflets	 <p>Promotional Booklet.pdf</p>

Democratic Therapeutic Community at HMP Send

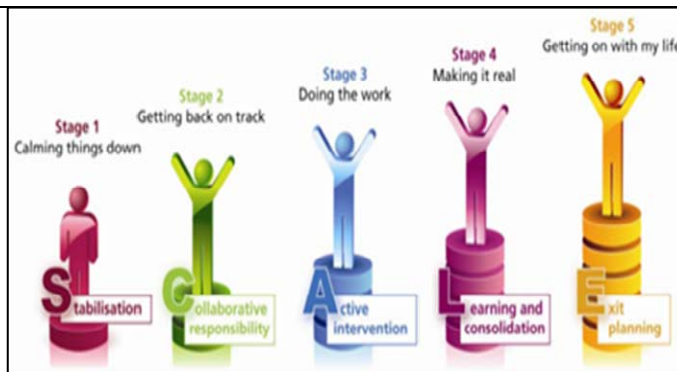


Address	Ripley Road, Send, Woking, Surrey, GU23 7LJ
Description of service	In the Democratic Therapeutic Community (DTC) we focus on the importance of healthy ways of relating to others, and getting involved in community life. There is a daily programme of group therapy and other activities. Along with other Community members you will be enabled to explore the difficulties you have experienced in life, including your crime, and learn new and more positive ways to manage your life.
Delivery partners	The quality of service is ensured via an accreditation process. We have an annual review, and bi-annual accreditation review which is organised by the Community of Communities, part of the Royal College of Psychiatrists Centre for quality improvement. We are also member of the Consortium of Therapeutic Communities. We have a multi-disciplinary staff team including HMP, NOMS and NHS staff.
Number of places	24
Residential or non-residential	Residential (custodial)
Approx. length of intervention	Minimum 18 months – Maximum 3 years
Catchment area	National, women’s prison estate
Entry Criteria	Must have a minimum of 2 years left to serve. Must not be intending to, or in process of appealing sentence. Intellectual ability within broadly normal range. Willing to explore your crime. Not suffering from severe and enduring mental illness
Interventions offered	Community Meetings, Group psychotherapy including Small and Larger (Median Groups). An expectation that later on in your treatment journey you will take on roles of responsibility such as being Chair of the Community, you may be able to benefit from Creative Core Therapy such as Art or Drama, and will also be expected to join in helping the Community run safely and effectively through involvement in activities such as cooking meals and buddying.
Contact Details	sarah.morley@hmpr.gsi.gov.uk Telephone: 01483 471048
Web Links	n/a
Information leaflets	  Prisoner Send TC Leaflet for information Leaflet.d. Staff & Of...

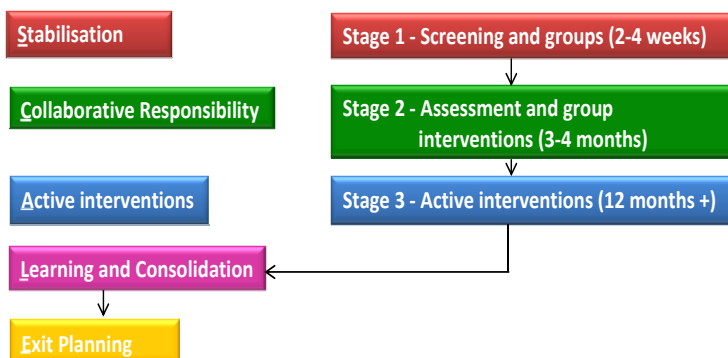
The CAMEO Personality Disorder Treatment Service at HMP & YOI Foston Hall




Address	Uttoxeter Road, Foston, Derby, Derbyshire, DE65 5DN
Description of service	<p>The CAMEO personality disorder treatment service is designed for female offenders who have complex needs arising from pervasive psychological difficulties (which may meet the criteria for personality disorder), who have a high risk of re-offending, have at least two years remaining on their sentence and whose progression and safe release into the community is complicated by their personality difficulties. The name for the service was developed by one of the women residing at HMP & YOI Foston Hall:</p> <ul style="list-style-type: none"> Coping with complex needs Aiming for a better understanding of self through Motivation to change Engaging with others and Optimism for the future
Delivery partners	HMP&YOI Foston Hall, the National Offender Management Service (NOMS), Birmingham Solihull Mental Health Foundation Trust (BSMHFT), and Anawim.
Number of places	20 treatment places and a further out-reach service to an 'Enabling Environment' (EE).
Residential or non-residential	Non-residential. The CAMEO service is a day treatment service offering individualised psychological treatment plans to women in a new purpose built unit located within the grounds of HMP Foston Hall.
Approx. length of intervention	Two year intensive programme of interventions. Each woman's intervention plan is individualised and informed by their in-depth psychological formulation following a detailed CAMEO assessment. Two years is the upper limit for the programme, however some women may not require this length of intervention.
Catchment area	Midlands & East of England
Entry Criteria	<ul style="list-style-type: none"> • Eighteen years and over • Serving a current offence of violence against the person, criminal damage, sexual and/or against children • Assessed as presenting a high risk of committing an offence from the above categories (based on clinical judgment) • Likely to have a severe form of personality disorder (this does not need to be a formal diagnosis) • Serving a sentence (including time on license) with two years remaining • Other women may be considered where there is a clinically justifiable reason
Interventions offered	The CAMEO service uses the SCALE model as a way of capturing the essence of the journey that each woman needs to complete in order to have a successful and rewarding recovery.



Each woman will undergo a lengthy period of screening and assessment (up to 3 months in duration) before entering into a tailored intervention plan which supports them in actively completing the necessary work to achieve their goals. Interventions include a range of 1:1 and group sessions which increase in intensity as the woman become more psychologically resilient and moves through her treatment pathway.



Less intensive interventions tailored to assist the women in developing collaborative responsibility for their treatment include The Good Lives Model (GLM) group and a Trauma, Recovery and Empowerment Model (TREM) group. More intensive interventions include a Dialectical Behaviour Therapy (DBT) group, Life Minus Violence (LMV) group, Seeking Safety group, Mentalization Based Therapy and other 1:1 therapies such as Eye Movement Desensitisation Reprocessing (EMDR) therapy. Alongside their treatment plan, women will also engage in a range of enrichment activities in the afternoons, early evenings and weekends, provided by Anawim.

Contact Details	CAMEO.Fostonhall@hmps.gsi.gov.uk
Web Links	BSMHFT – www.bsmhft.nhs.uk Anawim - www.anawim.co.uk
Information leaflets	 The CAMEO Service General Leaflet .pdf

Personality Disorder Service at HMP & YOI Eastwood Park



Address	Falfield, Wotton-Under-Edge, Gloucester, GL12 8DB
Description of service	Not yet operational. Opens September 2014. The service forms part of the treatment stage of the pathway for women offenders with PD. Delivers an evidence-based, gender-responsive service; within a safe, supportive and respectful environment; employing a range of skilled, motivated, supported and multi-disciplinary staff; to address offenders' personality difficulties and behaviours.
Delivery partners	HMP & YOI Eastwood Park and Avon and Wiltshire NHS Partnership Trust
Number of places	Tbc
Residential or non-residential	Both
Approx. length of intervention	Flexible to accommodate both short- and long-stay prisoners, and support women who are released and return to Eastwood Park
Catchment area	South West England & South Wales
Entry Criteria	Women offenders who: <ul style="list-style-type: none"> ▪ Have a current offence of violence against the person, criminal damage including arson, sexual offences (not economically motivated offences) and/or where the victim is a child; and ▪ Are assessed as presenting a high risk of committing an offence from the above categories; and ▪ Are likely to have a severe form of personality disorder. <p>There should also be a clinically justifiable link between the offending and the personality disorder.</p> <p>This includes women patients transferred under the Mental Health Act from a prison to a secure hospital and women offenders managed in the community or serving sentences of imprisonment.</p>
Interventions offered	Tbc
Contact Details	For further information, please contact Sarah.Memery@hmpr.gsi.gov.uk
Web Links	None at this time
Information leaflets	None at this time

The Rivendell Service at HMP/YOI New Hall







Address	Dial Wood, Flockton, Wakefield, West Yorkshire, WF4 4XX
Description of service	Not yet operational. Opens September 2014. The service forms part of the treatment stage of the pathway for women offenders with PD. Delivers an evidence-based, gender-responsive service; within a safe, supportive and respectful environment; employing a range of skilled, motivated, supported and multi-disciplinary staff; to address offenders' personality difficulties and behaviours.
Delivery partners	HMP & YOI New Hall and Greater Manchester West NHS Foundation Trust.
Number of places	16 residential spaces plus additional out-reach provision to the wider prison population and to other women's prisons in the North of England
Residential or non-residential	Both residential and outreach work into the main prison/ other prisons
Approx. length of intervention	12-36 months
Catchment area	North of England and North Wales
Entry Criteria	Women offenders who: <ul style="list-style-type: none"> ▪ Have a current offence of violence against the person, criminal damage including arson, sexual offences (not economically motivated offences) and/or where the victim is a child; and ▪ Are assessed as presenting a high risk of committing an offence from the above categories; and ▪ Are likely to have a severe form of personality disorder. <p>There should also be a clinically justifiable link between the offending and the personality disorder.</p> <p>This includes women patients transferred under the Mental Health Act from a prison to a secure hospital and women offenders managed in the community or serving sentences of imprisonment.</p>
Interventions offered	Tbc
Contact Details	For further information, please contact Michael.Winn@hmps.gsi.gov.uk
Web Links	None at this time
Information leaflets	None at this time

Choices, Actions, Relationships & Emotions at HMP & YOI Foston Hall and HMP & YOI New Hall

"CARE has brought a lot of support into my life. It's made me see I have a better future and me to believe in myself and see the good things about myself. It's built my confidence and the skills I have learnt from the course I will carry and use in my future life"

Address	HMP Foston Hall, Derbyshire, DE65 5DN HMP New Hall, Wakefield, WF4 4XX
Description of service	CARE is an accredited offending behaviour intervention developed by NOMS for adult women in custody who have a history of violence and evidence of complex need. CARE aims to enable women to better understand their risk and needs and to support them in living a satisfying and pro-social life. CARE does this by targeting the following areas: <ul style="list-style-type: none"> • Motivation and Engagement – to provide hope that change is possible and the support to make change • Insight & Awareness – to increase understanding of thoughts, feelings and behaviours that influence risk • Attitudes & Beliefs – to develop pro-social ways of seeing the world that are consistent with how the woman would like to live their life • Emotion Management – to increase awareness into emotional states and to develop skills to better regulate emotional experiences. • Interpersonal Skills – to develop pro-social skills for dealing with conflict • Social Inclusion and Resettlement – to develop realistic and achievable plans for the future, including the development of support networks.
Delivery partners	CARE is owned by NOMS and is delivered by the following partners: HMP Foston Hall: <ul style="list-style-type: none"> ○ Derbyshire NHS Foundation Trust ○ Derbyshire Probation Trust ○ East Midlands Psychology Cluster ○ Women in Prison Mentoring and Advocacy Service HMP New Hall <ul style="list-style-type: none"> ○ Yorkshire and Humber Psychology Cluster ○ West Yorkshire Probation Trust ○ Together Women Project Mentoring and Advocacy Service
Number of places	24 places available each year at Foston Hall 24 places available each year at New Hall (16 in 2014/15)
Residential or non-residential	This service is non-residential. Women will stay on their usual locations during their involvement in the CARE programme.
Approx. length of intervention	Phase 1: treatment planning (approx 3 months) Phase 2: engagement phase (approx 3 weeks) Phase 3: core phase (approx 10 weeks) Phase 4: consolidation (approx 2 years) Consolidation phase work will be completed by the woman as they progress through their sentence and potentially out into the community. Within this phase there is a heavy focus on mentoring/advocacy.
Catchment area	CARE sites operate as a national resource although it is hoped that Woman will remain as close as possible to their home area
Entry Criteria	To be referred for CARE women should meet the following selection criteria:


	<ul style="list-style-type: none"> • A history of violence seen through either index offence, previous convictions or custodial behaviour. For the purposes of CARE, violence is defined as actual, attempted or threatened bodily harm to person or persons (including robbery) • An OVP 2-Year Percentage Score of 30% or above or for Lifers/IPPS a high RoSH score • Evidence of complex need in two of the following areas: <ul style="list-style-type: none"> ○ History of substance misuse problems ○ History of self-harming behaviour or history of suicidal behaviour ○ Mental health difficulties ○ Personality Disorder ○ Past difficulties in accessing or benefiting from help or treatment.
Interventions offered	<p>CARE is a trauma informed and gender responsive intervention. It uses a variety of therapeutic approaches embedded within an integrative framework.</p> <p>Therapeutic methods are drawn from:</p> <ul style="list-style-type: none"> ○ Cognitive behaviour therapy ○ Emotion approach coaching ○ Mindfulness skills ○ Narrative therapy ○ Psycho-education ○ Mentoring and advocacy <p>During CARE women will take part in both individual and group sessions. Materials and exercises are adapted in order to best meet each woman's needs.</p>
Contact Details	<ul style="list-style-type: none"> ▪ General enquiries about CARE: Natalie.Smith@noms.gsi.gov.uk (National Specialist Lead, Intervention Services) ▪ To refer a woman or to discuss a particular case please contact: <ul style="list-style-type: none"> ○ Emma.burgin@hmpr.gsi.gov.uk, CARE Treatment Manager, HMP Foston Hall ○ Aiveen.fox@hmpr.gsi.gov.uk, CARE Treatment Manager, HMP New Hall
Web Links	n/a
Information leaflets	<div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;">  <p>Participant Information sheet.p...</p> </div> <div style="text-align: center;">  <p>CARE guidance for referers.pdf...</p> </div> <div style="text-align: center;">  <p>CARE referral Form.doc</p> </div> <div style="text-align: center;">  <p>Staff Awareness Booklet.pdf</p> </div> </div>

Part B: Progression services



Progression PIPE at HMP Send




Address	Ripley Road, Send, Woking, Surrey, GU23 7LJ
Description of service	<p>PIPEs are specifically designed, contained environments where staff members have additional training to develop an increased psychological understanding of their work. This understanding enables them to create an enhanced safe and supportive environment, which can facilitate the development of those who live there. They are designed to have a particular focus on the environment in which they operate; actively recognising the importance and quality of relationships and interactions. They aim to maximise ordinary situations and to approach these in a psychologically informed way, paying attention to interpersonal difficulties, for example those issues that might be linked to personality disorder.</p> <p>The Progression PIPE supports residents in consolidating and generalising their treatment gains, putting new skills into practice and demonstrating improvements in behaviour. Residents will have successfully completed a treatment programme (usually one of high intensity).</p>
Delivery partners	Jointly delivered by HMP Send and clinical staff from Surrey & Borders NHS Trust
Number of places	20
Residential or non-residential	Residential
Approx. length of intervention	Minimum of 6 months to maximum of 2 years
Catchment area	National, but primarily London and South
Entry Criteria	<ul style="list-style-type: none"> ▪ Minimum of 6 months of sentence remaining ▪ Evidence of treatment completed – whole / in part ▪ A diagnosis of personality disorder is not needed ▪ No active mental health issues ▪ Not intellectually impaired ▪ A period of behavioural stability (self-harm or violence/ aggression) prior to applying
Interventions offered	PIPE offers one small structured group a week, several larger less structured sessions, fortnightly individual key work sessions and one weekly meeting as a community. Otherwise women are encouraged to be in work or education during the core day.
Contact Details	elaine.cameron@hmps.gsi.gov.uk , PIPE Clinical Lead; 01483 471000, ext. 3154
Web Links	n/a
Information leaflets	 PIPE leaflet.doc

Progression PIPE at HMP & YOI Low Newton

Address	Brasside, Durham, DH1 5YA
Description of service	<p>PIPEs are specifically designed, contained environments where staff members have additional training to develop an increased psychological understanding of their work. This understanding enables them to create an enhanced safe and supportive environment, which can facilitate the development of those who live there. They are designed to have a particular focus on the environment in which they operate; actively recognising the importance and quality of relationships and interactions. They aim to maximise ordinary situations and to approach these in a psychologically informed way, paying attention to interpersonal difficulties, for example those issues that might be linked to personality disorder.</p> <p>The Progression PIPE supports residents in consolidating and generalising their treatment gains, putting new skills into practice and demonstrating improvements in behaviour. Residents will have successfully completed a treatment programme (usually one of high intensity).</p>
Delivery partners	Jointly delivered by HMP & YOI Low Newton and clinical staff from Tees, Esk & Wear Valleys NHS Foundation Trust
Number of places	20
Residential or non-residential	Residential
Approx. length of intervention	Minimum of 3 months to maximum of 2 years.
Catchment area	National, but primarily North and Midlands
Entry Criteria	<ul style="list-style-type: none"> ▪ Minimum of 3 months of sentence remaining ▪ Evidence of treatment completed – whole / in part ▪ A diagnosis of Personality Disorder is not needed ▪ No active mental health issues ▪ Not intellectually impaired
Interventions offered	The PIPE model incorporates six core components which are designed to support and develop individuals living and working on a PIPE. Through training and clinical supervision, the staff group can begin to develop the psychological and social environment of the unit, paying attention to the core principles of an enabling environment. Planned socially creative and structured sessions are offered to offenders in order to provide opportunities for relating and addressing issues that may be affecting progression through their pathway of intervention. Key worker sessions between offenders and staff are developed to coordinate, reflect upon and process the participant's involvement on the PIPE, and their plans for the future.
Contact Details	Claire.bainbridge@hmpr.gsi.gov.uk , Clinical Lead; 0191 376 4000 Gary.walker@hmpr.gsi.gov.uk , Operational Lead; 0191 376 4000
Web Links	n/a
Information leaflets	n/a

Crowley House Approved Premises PIPE



Address	31 Weoley Park Road, Selly Oak, Birmingham, B29 6QY
Description of service	Female only Probation Approved Premises accommodating women subject to statutory supervision whether this is bail, community order or licence. Accommodates women who are assessed as posing a medium or high risk of harm to others. Introducing the PIPE model from May 2014. Offers a variety of interventions (restrictive and rehabilitative) including an enhanced regime (structured and creative sessions), monitoring of behaviour and key working.
Delivery partners	<ul style="list-style-type: none"> ▪ Health service provider partner (PIPE) to be confirmed ▪ Work with Women and Theatre – drama ▪ Crisis – cookery sessions, other creative sessions ▪ Anawim Women’s Centre ▪ Close links to HMP Foston Hall (notably CAMEO service) and HMP Drake Hall ▪ Fry Housing – accommodation services ▪ NACRO – budgeting/ debt counselling services ▪ South Arch – substance misuse ▪ Aquarius – alcohol misuse ▪ Local CMHT is Warstock Lane
Number of places	20
Residential or non-residential	Residential
Approx. length of intervention	Estimated length of stay is 3- 6 months, although can be shorter or longer dependant on need
Catchment area	National – England and Wales
Entry Criteria	Medium to high risk of harm women subject to statutory supervision
Interventions offered	Enhanced regime – structured and creative sessions. Structured sessions include LiHMo (living here moving on), Substance and alcohol misuse, positive thinking and healthy living. Creative sessions include creative writing, cookery, pampering sessions and arts and crafts. Women and Theatre provide 3 ‘blocks’ of theatre invention per year. Crowley House has strong links to Anawim a local women’s centre where residents can access offending behaviour courses, counselling and creative sessions as well as building up a support network outside of Crowley House. Aquarius and South Arch provide off site interventions for alcohol and substance misuse. PIPE will offer women maximised opportunities to practice and show learning from treatment interventions in every day situations. All residents have a designated key worker (probation service officer)
Contact Details	Tracy.clarke@swm.probation.gsi.gov.uk (SPO/Manager); or Jen.davenport@swm.probation.gsi.gov.uk (PO/ deputy manager); 0121 472 7111
Web Links	n/a
Information leaflets	 SWMPT - CROWLEY HOUSE A5 BOOKLET

Edith Rigby House Approved Premises PIPE



Address	6 East Cliff, Preston, PR1 3JE
Description of service	An Approved Premises for women providing specialist structured accommodation, in a friendly environment with supportive staff. We aim to meet the needs of our residents by providing housing advice, drug and alcohol support from our local delivery partner, structured groups run by staff, improving life skills by taking part in cooking and craft activities. Developing self esteem and, improving employability skills by taking part in sewing/upholstery groups.
Delivery partners	<ul style="list-style-type: none"> ▪ Discover – Drug and Alcohol Services ▪ Community Mental Health Team – if not assessed as requiring a Care Programme Approach prior to leaving custody, a referral is made by the GP if necessary. ▪ Guild Lodge staff work with us for Lancashire cases on the PD pathway ▪ Abuse Counsellor ▪ Achieve – Employment and Training advice and support ▪ Foundations – housing advice and signposting
Number of places	12
Residential or non-residential	Residential
Approx. length of intervention	4 – 6 month placements dependent on level of need and risk
Catchment area	Our referrals generally stem from the North West region. We are however a national resource and have had residents from outside of the North West, and welcome all referrals.
Entry Criteria	Assessed as presenting a high risk of serious harm, or presenting a medium risk of serious harm with complex needs. It is preferable that where Personality Disorder has been identified, that the resident is linked in with the PD pathway in custody or the community. It is helpful if a formulation is available. We will offer a placement where a formulation has not yet been devised.
Interventions offered	This is to be further developed when the Psychologist has been appointed and is in post.
Contact Details	Linda.Micallef@northwest.probation.gsi.gov.uk ; 01772 270750
Web Links	n/a
Information leaflets	n/a



Together Women Mentoring and Advocacy Service for women offenders with personality disorder in N. England and N. Wales



Address	Together Women, 13 Park Square East, Leeds, West Yorkshire, LS1 2LF
Description of service	The Mentoring and Advocacy service supports women's engagement and progression through a pathway of care and management. The service provides emotional and practical support to women around a range of issues including accommodation, finance and benefits, children and families, substance misuse, personal safety, education and training, mental and physical health, motivation and social inclusion. The aim of the Mentoring and Advocacy Service is to reduce repeat offending and improve the overall health of female offenders with PD.
Delivery partners	n/a
Number of places	Up to 150
Residential or non-residential	Non-residential
Approx. length of intervention	Support will be offered to women throughout their statutory license/supervision or until they wish to no longer access the service. The length of support will average approximately two years
Catchment area	North of England and North Wales
Entry Criteria	In all cases women must be: <ul style="list-style-type: none"> ▪ Over 18 and give consent to referral ▪ Have a home address in North of England or North Wales Referrals are accepted for: <ul style="list-style-type: none"> ▪ Women who participate in the CARE programme at HMP New Hall. ▪ Women in custody, community or an approved premise who have been identified for the women offender PD pathway. ▪ Women who have a current offence of violence against the person, criminal damage, sexual offence and/or offences against children, are assessed as presenting a high risk of re-offending, are likely to have a form of PD and a demonstrated link between the PD and the offending behaviour.
Interventions offered	<ul style="list-style-type: none"> ▪ Each woman is allocated a Key Worker and receives a full needs assessment and co-produces an individualised support plan alongside their Key Worker ▪ One to one emotional and practical support is offered on a weekly basis around family, benefits, health, accommodation, personal safety, education and training, substance misuse, confidence and social inclusion. Women also have the opportunity to take part in courses, groups and activities around personal development, social inclusion and employability ▪ Women are supported to access a variety of specialist and community support including local women's hubs and services ▪ Support is offered through flexible appointments, visits and telephone contact ▪ Advocacy is provided on behalf of or for the women to help resolve issues, access services and ensure communication across agencies.
Contact Details	Lieran Docherty: LieranD@twpyandh.org.uk ; 0113 3808900
Web Links	www.togetherwomen.org
Information leaflets	n/a

WIRE-ASD (Women's Information & Resettlement for Ex-offenders with Autistic Spectrum Disorder) Project



Address	St Giles Trust, In Tuition House 210 Borough High Street, London SE1 1JX
Description of service	The Project provides resettlement information and support to female offenders being released from HMP Holloway with complex mental health needs (specifically women with personality disorder <u>and</u> autistic traits) and those working with them. This is a pilot project that runs from July 2014 to March 2015.
Delivery partners	This project is being delivered in partnership between St Giles Trust and The Ansel Group. St Giles Trust aims to help break the cycle of prison, crime and disadvantage and create safer communities by supporting people to change their lives. The Ansel Group are specialist healthcare providers working with people affected by personality disorders, complex mental health needs and challenging behaviours across health and justice services.
Number of places	The WIRE ASD project will provide volunteer and psychological support to at least <u>five</u> women accepted onto the service across London.
Residential or non-residential	Non-residential. The WIRE ASD project is a Through The Gate service which engages women prior to release and on release into the community.
Approx. length of intervention	The time limit is client led until the end of the 9 month pilot project.
Catchment area	Pan London
Entry Criteria	<ul style="list-style-type: none"> ▪ Women serving a prison sentence who will be released before January 2015 ▪ Women struggling to cope, engage, relate and be understood ▪ Women with extended experience of justice, health and social services ▪ Women who would like to break out of this cycle
Interventions offered	<ul style="list-style-type: none"> ▪ Case identification, formulation and joint case working with multiple agencies ▪ Access to specialist healthcare and peer support ▪ A personal and structured approach ▪ Integrated resettlement support around: <ul style="list-style-type: none"> ○ Day-to-day living; housing; finance, debt and benefits ○ Substance use and alcohol abuse ○ Re-uniting with families and children ○ Education, training and employment ○ Safely exiting sex work ○ Domestic abuse ○ Sign posting to further services, information and guidance ▪ The WIRE ASD project will also be using the expertise of a clinical psychologist to offer support to staff and volunteers
Contact Details	Ali Beach, Senior Caseworker; t: 020 7940 0424; e: alison.beach@stgilestrust.org.uk Richard Broughton, Ansel Service Development Director; t: 07738 855 638; e: richard.broughton@anselgroup.co.uk
Web Links	www.stgilestrust.org.uk and www.anselgroup.co.uk
Information leaflets	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  WIRE ASD professionals leaflet </div> <div style="text-align: center;">  WIRE ASD client leaflet 2014.pdf </div> </div>

Pan-London Complex Needs Project



Address	Unit 10, The Ivories, 6 Northampton Street, Islington, London, N1 2HY
Description of service	Promote social inclusion and enable hard to reach women to engage and maintain an improved quality of life with the appropriate levels of support. The aim is that this will reduce their risk of re-offending, re-lapsing and re-call. The model is Through the Gate, so we begin our engagement with women within the prison, prior to their release. We will then work with them in the community to reach a number of individual support goals, focusing on positive progress in the following areas: housing, engagement, personal development, training, education and employment, substance misuse, health & well-being, and criminal justice. We also work with women who may already be released from prison and on licence.
Delivery partners	Part of the London Personality Pathway which has partners from mental health (Oxleas NHS, SLaM NHS, East London NHS, Brent Enfield & Haringey NHS), probation and the voluntary sector (First Steps, SOVA).
Number of places	15
Residential or non-residential	Non-Residential
Approx. length of intervention	3months – 18months
Catchment area	Women returning to London
Entry Criteria	<ul style="list-style-type: none"> ▪ Over 18 years old. ▪ A diagnosis of Personality Disorder or personality disorder traits. (This recognises that women may not have come into contact with services to reach a diagnosis prior to imprisonment) ▪ Women who are presenting with Complex Needs. By this we mean women who have found it difficult to engage with statutory services and who have a number of support needs including mental health, domestic violence, substance use, housing, benefits, education and training, family and parenting. ▪ Women sentenced to over 12months for a non-acquisitive offence, who will be released on license in London ▪ Women interested to engage/participate in the project. This may be women who want to make positive changes in their lives but need support and advocacy work to do this. ▪ Released within 2014 as the project is currently funded till March 2015.
Interventions offered	Client-led, one to one advocacy/relational support to enable effective engagement with statutory services.
Contact Details	Maureen Mansfield, Mental Health Inclusion Services Manager: maureen@womeninprison.org.uk For referrals please contact referrals@womeninprison.org.uk
Web Links	www.womeninprison.org.uk
Information leaflets	n/a

Pilot Yorkshire / Humber Intensive Integrated Risk Management (IIRM) Pathway for women offenders with personality disorder

Address	Service is based at HMP New Hall, Dial Wood, Flockton, Wakefield, West Yorkshire, WF4 4XX. Office address for IIRM: Leeds Personality Disorder Services, Unit 24, Sugar Mill Business Park, Oakhurst Avenue, Leeds, LS11 7DF
Description of service	The IIRM project is a psychologically informed occupational therapy-based intervention which aims to increase service users' understanding of how 'personality' influences their sense of themselves and others, and what they 'do' in their lives. The IIRM is a 'through the gate' intervention aiming to assist women with personality disorder to move more effectively from prison to the community, and to live more successfully and safely in the community.
Delivery partners	The IIRM is provided by the Leeds Personality Disorder Services, part of the Leeds and York Partnership NHS Foundation Trust. The IIRM is delivered in collaboration and co-operation with HMP New Hall and the Hull Together Women Project.
Number of places	x3 programmes per year, a total of x30 women
Residential or non-residential	Non-residential. The IIRM is based in HMP New Hall and the first pilot intervention will work with women released from New Hall back to the Humber/Hull region where the intervention will be based in the community.
Approx. length of intervention	The IIRM intervention is for women who are in the last 4 to 12 months of their custodial sentence (of a sentence longer which is 12 months or longer), and works with the women in the community for up to 6 months.
Catchment area	Women in HMP New Hall who are ultimately returning the Hull / Humber region.
Entry Criteria	Women offenders: <ul style="list-style-type: none"> ▪ Who have 4-12 months remaining of a custodial sentence 12 months or longer ▪ Who are considered a medium to high risk of harm and reoffending ▪ Who have mental health problems consistent with personality disorder
Interventions offered	<ul style="list-style-type: none"> ▪ Within the context of a formulation-informed therapeutic relationship, IIRM offers a number of sequential interventions that aim to enhance women's motivation to engage in therapeutic process, and increase women's psychological and occupational understanding of themselves and others. ▪ The <i>psychological intervention</i> focuses on increasing understanding of the function of the women's early maladaptive schema and associated behaviour as a way of protection from emotional pain associated with early trauma. ▪ The <i>occupational therapy intervention</i> explores engagement in activity which enhances emotional regulation and control, and provides opportunities to explore identity beyond the experience of personality disorder. ▪ Phase 1 (custody) – Group work - 'Understanding your personality' (10 weeks) ▪ Phase 2(a) (custody or community) – Individual work – Developing individual psychological and occupational formulation, and occupational plans (4 weeks) ▪ Phase 2(b) (community) – Individual work – Implementing the occupational plans in the context of the formulation (up to 6 months)
Contact Details	Alan Hirons (Occupational Therapy Clinical Specialist) alan.hirons@nhs.net 0113 8557950 Joanne Ramsden (Consultant Clinical Psychologist) joanne.ramsden@nhs.net 0113 8557950
Web Links	n/a
Information leaflets	n/a

FIPTS community PD team, South London and Maudsley NHS


Address	FIPTS Community Service, Landor House, Lambeth Hospital, 108 Landor Road, SW9 9NU	
Description of service	The Forensic Intensive Psychological Treatment Service (FIPTS) Community Team was developed in 2004 in partnership with the Ministry of Justice and Department of Health to treat and manage high risk offenders with severe PD. The FIPTS Community Team sits within a unique care pathway which includes a 15 bedded medium secure unit, a 6 bedded high support hostel, a 4 bedded low support hostel as well as community treatment and support. FIPTS uses the Positive Community Relationships Programme (PCRP), which was developed from Enabling Environment principles, Desistance Theory, and the Transtheoretical Model of Change, to improve psychosocial functioning, community integration and reduce violent reoffending among offenders with PD.	
Delivery partners	Penrose Options, London Pathways Partnership, SOVA, N-Gage	
Number of places	Supported Hostels = 10 places. Community Services = 40 places	
Residential or non-residential	Both residential and non-residential services	
Approx. length of intervention	12-24 months	
Catchment area	Southwark and Lambeth (men). Southwark, Lambeth, Richmond & Kingston, Wandsworth, Croydon (women).	
Entry Criteria	<ul style="list-style-type: none"> • Men and women over 18 who are at medium-high, high-risk of high harm, have a forensic history and likely to meet a diagnosis of personality disorder • There is a link between the individual's personality traits and offending behaviour • It is also desirable that individuals demonstrate some motivation to address both their personality difficulties and offending behaviour • Absence of active major mental illness, learning difficulties (IQ <65) or substance dependence disorders 	
Interventions offered	Intervention levels/intensity Community care coordination with residential support Community care coordination Co-working with offender managers Therapy only	PCRP Therapies Moving Forward Group Personality Disorder Awareness Group Dialectical Behaviour Therapy Mentalisation Based Therapy Violence Reduction Programme Eye Movement Desensitisation and Reprocessing Schema Therapy
Contact Details	FIPTS Community Team: Dr Matt Bruce, Clinical Psychologist, matt.bruce@slam.nhs.uk ; Tel: 07969 858278	
Web Links	http://www.slam.nhs.uk/our-services/service-finder-details?CODE=SU0005 http://www.slam.nhs.uk/our-services/service-finder-details?CODE=SU0015	

Part C: Secure hospital services



Rampton National High Secure Healthcare Service for Women



Address	Rampton Hospital, Woodbeck, Retford, Nottinghamshire, DN22 0PD
Description of service	In-patient mental health service for patients detainable under the Mental Health Act and who present a grave and immediate risk to others and cannot be appropriately managed in conditions of lesser security
Delivery partners	We work in close partnership with Medium Secure Services, Prison Services, the Ministry of Justice, and the Courts
Number of places	50 beds consisting of 26 beds for PD, 12 for Mental Illness, 6 for LD and a 6 bed Intensive Care Unit
Residential or non-residential	Residential
Approx. length of intervention	Treatment needs vary considerably but on average they involve a number of years before the patient is able to progress on to the next stage of her pathway
Catchment area	England and Wales Scotland and Northern Ireland subject to Commissioner approval
Entry Criteria	<ul style="list-style-type: none"> ▪ The person needs to be detainable under the Mental Health Act by virtue of having a mental disorder of a nature and/or degree that justifies detention in hospital ▪ Appropriate treatment needs to be available ▪ The person must present a grave and immediate risk to others that could not be safely managed in a Medium Secure Hospital
Interventions offered	<ul style="list-style-type: none"> ▪ Psychopharmacy aligned to the Mental Disorder and mental health needs ▪ Ongoing mental state examination and monitoring ▪ Offence / risk formulation ▪ Psychological interventions: CAT, Schema, DBT, Specific Trauma/Self Injury Interventions, CBT, Offence-specific interventions such as Arson, Engagement/Motivational Groups ▪ Occupational Therapy: Individual / Group interventions to underpin the specialist treatment programmes by developing / enhancing functional skills. For example: Range of assessments such as AMPS (Assessment of Motor and Process Skills); Social Skill, Work Skills, Personal recovery portfolio work; Healthy Lifestyle work; sensory integration; and, pre-discharge work ▪ Specialist Services: Speech & Language Therapy, Dietician, Physiotherapy, etc. ▪ The hospital also provides a G.P. Service.
Contact Details	Dr John Wallace, Clinical Director, Rampton Hospital Email: john.wallace@nottshc.nhs.uk Phone: 01777 247219
Web Links	www.nottinghamshirehealthcare.nhs.uk/our-services/forensic-services/rampton-hospital/womens-directorate
Information leaflets	 Patient Information Leaflet.doc

Arnold Lodge Women's Enhanced Medium Secure Service (WEMSS, Coniston Ward)

Address	The East Midlands Centre for Forensic Mental Health, Arnold Lodge, Cordelia Close, Leicester, LE5 0LE
Description of service	Provides treatment for those women whose needs for relational and procedural security cannot be managed in a standard medium secure setting. The service provides a psychologically informed and planned environment that facilitates treatment in a number of modalities. It is underpinned by a holistic, woman-centred approach that engenders individualised treatment packages. In addition to the usual problem specific treatment programmes to address coping strategies and criminogenic need, Arnold Lodge also offers somatosensory interventions and a range of occupational, educational and recreational opportunities. These take place in the unit and possibly in the community, depending on the stage of the woman's care pathway. The aim of the treatment programme is for women to be able to move on to conditions of low security, rather than WEMSS forming an additional tier of security that women have to travel through.
Delivery partners	The service is delivered by a multidisciplinary team who are all employees of the NHS. We are also supported by independent advocates.
Number of places	Currently 10, but increasing to 12 in 2015
Residential or non-residential	Residential
Approx. length of intervention	Minimum 3 years. Maximum currently 7 years
Catchment area	East and West Midlands; East Anglia; Northamptonshire; Essex; Yorkshire and Humber; Tees and Wear
Entry Criteria	<ul style="list-style-type: none"> ▪ Primary diagnosis of personality disorder, all co-morbidity considered ▪ No particular sentence length or offence type ▪ Admission dependent upon level of risk, treatment readiness and functional ability to benefit from the treatment programmes offered
Interventions offered	<p>Interventions are offered as a combination of group and individual sessions.</p> <ul style="list-style-type: none"> ▪ Somatosensory approaches to the management of arousal levels and self destructiveness ▪ Mindfulness; Emotion regulation; Compassion based approaches ▪ Social problem solving ▪ Mental health awareness ▪ Arson treatment ▪ Substance misuse treatment ▪ Individual offence focused, self esteem and skills-based work <p>There are also a large number of occupational, educational and recreational opportunities offered including arts based activities, basic living skills activities, educational courses and work skills activities. All interventions are staged as part of a staged model of treatment that ensures treatments are delivered at a time when they can be engaged with meaningfully.</p>
Contact Details	Dr Mary di Lustro: Mary.dilustro@nottshc.nhs.uk ; tel. 0116 2077787 Switchboard: 0116 2077700
Web Links	http://www.nottinghamshirehealthcare.nhs.uk/our-services/forensic-services/arnold-lodge/
Information leaflets	n/a