



National Offender  
Management Service

**NHS**  
*England*

# Brochure of offender personality disorder services for men at high risk of harm to others

First edition, August 2014



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# Introduction

## Welcome to the Brochure

- The **aim** of this Brochure is to support all staff working with male offenders with personality disorder (PD) by providing information and guidance on the range of services which are currently being developed and delivered as part of the Government's strategy for offenders with PD.
- Its **objectives** are:
  - To increase awareness of services available for offenders with PD
  - To encourage appropriate referrals to the services and support them to operate at full capacity
  - To help offenders with PD gain access to the services they need.

## How to use this Brochure

- Please use the contents table on p.2 to search for a particular service, if you already know it by name.
- The Brochure is divided into four parts:
  - (A) High Secure (Health) and High Security Prisons
  - (B) Category B Prisons – trainers and local prisons
  - (C) Medium secure (Health), adult male Category C Training prisons, and closed prisons for Young Offenders
  - (D) Low secure (health), Open Prisons and Probation Approved Premises.
- If you are searching for an appropriate service for an offender you are working with, please review each service, checking particularly for the catchment area for the service, the length of intervention, and the entry criteria.
- Once you have identified a potential service that may be appropriate, please refer to the service's Contact Details, and enquire about making a referral.
- **If you are not the offender's Offender Manager (OM), please ensure that you liaise with the OM to ensure that the referral fits with the offender's pathway plan.**
- If you remain unsure about which service(s) may be best suited for your offender, please contact your regional PD co-commissioners or email [pd@noms.gsi.gov.uk](mailto:pd@noms.gsi.gov.uk).

## Version control and getting in touch

- The version date of the Brochure is shown on the cover page. Services are constantly developing in response to need, demand and the emerging evidence base, and new services are being introduced regularly.\* To check you are referring to the most up-to-date version of this Brochure, please visit the Main Site of Kahootz. If you do not have access to Kahootz, please email [pd@noms.gsi.gov.uk](mailto:pd@noms.gsi.gov.uk).
- To update information in this Brochure about your service, or if you have any comments or feedback, please email [pd@noms.gsi.gov.uk](mailto:pd@noms.gsi.gov.uk).
- A similar Brochure is available (on Kahootz) with regard to services for female offenders.

**\* Services that will be included in future versions are: Whatton Treatment Service and PIPE; Wymott PIPE; Holbeck House AP PIPE, Full Sutton CSC support.**

# The offender personality disorder (OPD) pathway

## Development of the OPD pathway

The Offender Personality Disorder (OPD) Programme arose following the independent review by Lord Bradley in 2009 into the support offered to people with mental health problems and learning difficulties in the criminal justice system. It made several recommendations regarding the then Dangerous and Severe Personality Disorder (DSPD) programme managed by the Department of Health and Ministry of Justice, and the wider personality disorder (PD) provision in the Criminal Justice System (CJS). This led directly to a new strategy, the Offender Personality Disorder Strategy, which was publicly consulted on, and signed off by Ministers in 2011.

## Key aims of the OPD pathway

The OPD Pathway Programme is based on a 'whole systems' community-to-community pathway approach co-commissioned by NHS England and NOMS. Individuals that enter the pathway are mainly managed by the CJS in either prison and/or in the community, with some services also provided in secure health settings. The pathway enshrines the concept of 'joint operations' whereby responsibility for an offender's pathway is shared between health and the CJS.

The four outcomes of the whole pathway approach are:

- A reduction in repeat serious sexual and/or violent offending (men); or A reduction in repeat offending of relevant offences for female offenders (women)
- Improve psychological health, wellbeing, pro social behaviour and relational outcomes
- Improve the competence, confidence and attitudes of staff working with complex offenders who are likely to have PD
- Increase the efficiency, cost effectiveness and quality of OPD Pathway Services.

In achieving these outcomes, the OPD programme will provide the following:

- Improved and earlier post-sentence identification, assessment and case formulation of offenders with severe PD
- Improved risk assessment, sentence planning and case management when offenders are in the community
- New intervention and treatment services co-commissioned by the NHS and the NOMS in secure category B and category C prisons and community environments
- Improvements to the high-security prison treatment units and the democratic therapeutic community services in prisons
- New progression environments in prisons and approved premises, where offenders can be provided with post-treatment support, monitored and tested in secure and community settings, supporting their move towards safer management in the community
- Workforce development, equipping staff across the offender pathway with the right skills and attitudes to work with this group of high-risk offenders.

### Key principles of the OPD pathway

The strategy has been developed on principles from across a wide spectrum of practice and research evidence, from the learning of the DSPD pilots and recent guidance from the National Institute for Clinical Excellence on the treatment and management of PD (NICE, 2009).

The key principles underpinning the strategy are described by NOMS and DH as follows:

- The offender population with PD is a shared responsibility of the NOMS and the NHS
- Planning and delivery is based on a whole systems pathway approach across the CJS and the NHS, recognising the various stages of an offender's journey from sentence through prison and/or NHS detention to community-based supervision and resettlement
- Offenders with PD who present a high risk of serious harm to others will be primarily managed through the criminal justice system with the lead role held by offender managers
- Their treatment and management is psychologically informed and led by psychologically trained staff in the NOMS and the NHS, and it focuses on relationships and the social context in which people live
- As part of a longer term objective, related Department of Education and Department of Health programmes for young people and families will continue to be joined up with the OPD pathway to contribute to prevention and breaking the cycle of intergenerational crime
- In developing services, account is taken of the experiences and perceptions of offenders and staff at the different stages of the pathway
- The pathway will be evaluated focusing on risk of serious re-offending, psychological health improvement and economic benefit.

### The Target Population for Men in the OPD pathway

The target population for the male pathway are offenders meeting the criteria of:

- having been assessed as presenting a high likelihood of violent or sexual offence repetition, and high or very high risk of serious harm to others
- likely to have a severe PD, and
- a clinically justifiable link between the PD and the risk.

### Commissioning the OPD pathway

The pathway is co-commissioned by the Commissioning and Commercial Directorate in the National Offender Management Service and NHS England Specialised Commissioners. The programme is commissioned and managed across five regions:

- North – Northeast, Northwest, Yorkshire & Humberside;
- Midlands & East of England – East Midlands, West Midlands, East of England;
- South – Southeast, South central, Southwest;
- London
- Wales

**For more information about the OPD pathway, including definitions of key terms used, please see the *Service Framework for the Allocation and Admission of Offenders with Personality Disorder*, available on Kahootz.**

# Part A: High Secure (Health) and High Security Prisons



## Rampton Hospital PD Service

<b>Address</b>	Rampton Hospital, Retford, Nottinghamshire, DN22 0PD
<b>Description of service</b>	<ul style="list-style-type: none"> <li>▪ The Men's PD Service based at Rampton Hospital provides treatment, care and rehabilitation to male patients. The service has four wards with admission/assessment, treatment, relapse prevention and discharge preparation components.</li> <li>▪ Whilst most treatments are undertaken in groups, the same treatments are also provided on an individual basis for those who cannot manage group-based interventions. All interventions have the ultimate aim of reducing the distress arising from PD and reducing risk to the public or to the patients themselves.</li> <li>▪ Within the service, specialist treatment programmes are delivered in accordance with the Treatment Pathway Model (journey through care). The pathway ensures that patients progress from general, motivational and introductory work on the admission ward, to the more intensive specialist programmes on the treatment wards.</li> <li>▪ The service provides assessment expertise and management support to other providers who care for patients with PD, especially HM Prison Service establishments and medium secure unit facilities. At Rampton there is also a TC+ unit.</li> </ul>
<b>Delivery partners</b>	NHS England, Ministry of Justice, National Offender Management Service
<b>Number of places</b>	60 places spanning 6 inpatient wards including ICU, Admission, and 4 treatment wards.
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Length of intervention varies dependent upon individual needs
<b>Catchment area</b>	North Yorkshire, the East Midlands and East of England
<b>Entry Criteria</b>	Referrals must meet the risk criteria identified for admission to a high secure setting and must be assessed as PD requiring an enhanced level of supervision, management and intervention.
<b>Interventions offered</b>	<p>Individual and Group Therapies including:</p> <ul style="list-style-type: none"> <li>▪ Violent Offender Treatment Programmes (VOTP)</li> <li>▪ Sex Offender Treatment Programmes (SOTP)</li> <li>▪ Dialectical Behavioural Therapy (DBT)</li> <li>▪ Cognitive Analytical Therapy (CAT)</li> </ul>
<b>Contact Details</b>	Diana Brennan, General Manager; tel. 01777 248321 ext 6510 <a href="mailto:diana.brennan@nottshc.nhs.uk">diana.brennan@nottshc.nhs.uk</a>
<b>Web Links</b>	<a href="http://www.nottinghamshirehealthcare.nhs.uk/our-services/forensic-services/">http://www.nottinghamshirehealthcare.nhs.uk/our-services/forensic-services/</a>

## Peaks DSPD Service, Rampton Hospital

<b>Address</b>	Rampton Hospital, Retford, Nottinghamshire, DN22 0PD
<b>Description of service</b>	<b>Note: As of July 2014, the Rampton Peaks service is closed to new referrals</b> The Peaks Enhanced PD service based at Rampton Hospital provides appropriate treatment for men requiring enhanced care in high security for a PD who present a high risk to others and require complex specialist interventions. The Unit is designed to provide patients privacy and dignity, with en-suite accommodation of a high standard. The ward accommodation is supported by a Central Resource Building (CRB) offering space for the delivery of a range of treatment interventions as part of each patient's recovery and treatment pathway. The Peaks has a dedicated Therapies and Education Department (TED) that provides education, occupational therapy and a healthy lifestyle programme including sports and recreation.
<b>Delivery partners</b>	NHS England, Ministry of Justice, National Offender Management Service
<b>Number of places</b>	63 places spanning four inpatient wards including Admission, 2 x Treatment and Rehabilitation units.
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Length of intervention varies dependent upon individual needs
<b>Catchment area</b>	North Yorkshire, the East of England and the East Midlands
<b>Entry Criteria</b>	Referrals must meet the risk criteria identified for admission to a high secure setting and must be assessed as having PD
<b>Interventions offered</b>	Individual and group interventions including: <ul style="list-style-type: none"> <li>▪ Violent Offender Treatment Programmes (VOTP)</li> <li>▪ Sex Offender Treatment Programmes (SOTP)</li> </ul>
<b>Contact Details</b>	Richard Phipps , General Manager 01777 248321 ext 7478 <a href="mailto:richard.phipps@nottshc.nhs.uk">richard.phipps@nottshc.nhs.uk</a>
<b>Web Links</b>	<a href="http://www.nottinghamshirehealthcare.nhs.uk/our-services/forensic-services/">http://www.nottinghamshirehealthcare.nhs.uk/our-services/forensic-services/</a>



## The Paddock Centre PD Service, Broadmoor Hospital

<b>Address</b>	Broadmoor Hospital, Crowthorne, Berkshire, RG45 7EG		
<b>Description of service</b>	Broadmoor Hospital is one of three high secure hospitals in England, part of the West London Mental Health Trust within the NHS, operating under licence from the Department of Health and Ministry of Justice. We offer treatment to men whose severe and complex mental health conditions have caused them to present a high risk to themselves and others. Our task is to manage secure care and recovery and in so doing, ensure public and personal safety.		
<b>Delivery partners</b>	Based within West London Mental Health Trust, our local partnerships include family systems, voluntary organisations, and we are accountable to all health regulatory bodies such as the CQC and MONITOR.		
<b>Number of places</b>	70 beds in our PD pathway. The Hospital has up to 210 beds.		
<b>Residential or non-residential</b>	Residential – all in-patients; the majority under sections of the Mental Health Act 2007		
<b>Approx. length of intervention</b>	Minimum time to first Care Programme Approach (CPA) assessment meeting is 3 months; treatment pathway may be determined by tariff or length of sentence/detention order; average length of stay 5 years; typical range 2 to 6 years		
<b>Catchment area</b>	London and the South of England		
<b>Entry Criteria</b>	Diagnosis of complex needs/PD; often co-morbid with other mental disorders; posing a grave and immediate danger at the point of admission. Admission to the hospital is a process involving a panel of professionals; we operate a waiting list and can admit under emergency directions from the Secretary of State.		
<b>Interventions offered</b>	We offer a staged model of psychological intervention following case formulation, including meeting spiritual, physical, occupational and educational needs for offender patients with PD. Our treatments may include medication and a programme of psychological support underpinned by a stage model of change, including psycho-education, therapy intervention for a life without offending (risk management) and mental health stability and restoration.		
<b>Contact Details</b>	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Dr Callum Ross Consultant Forensic Psychiatrist Clinical Lead for the PD Pathway Broadmoor Hospital T: 01344 754753; F: 01344 754768 <a href="mailto:callum.ross@wlmht.nhs.uk">callum.ross@wlmht.nhs.uk</a> <a href="mailto:callum.ross@nhs.net">callum.ross@nhs.net</a></p> </td> <td style="width: 50%; vertical-align: top;"> <p>Dr Estelle Moore Professional Lead for Psychology Tel: 01344 754143/4492 <a href="mailto:Estelle.Moore@wlmht.nhs.uk">Estelle.Moore@wlmht.nhs.uk</a> Cath Farr, PD Psychology Lead <a href="mailto:Catherine.Farr@wlmht.nhs.uk">Catherine.Farr@wlmht.nhs.uk</a></p> </td> </tr> </table>	<p>Dr Callum Ross Consultant Forensic Psychiatrist Clinical Lead for the PD Pathway Broadmoor Hospital T: 01344 754753; F: 01344 754768 <a href="mailto:callum.ross@wlmht.nhs.uk">callum.ross@wlmht.nhs.uk</a> <a href="mailto:callum.ross@nhs.net">callum.ross@nhs.net</a></p>	<p>Dr Estelle Moore Professional Lead for Psychology Tel: 01344 754143/4492 <a href="mailto:Estelle.Moore@wlmht.nhs.uk">Estelle.Moore@wlmht.nhs.uk</a> Cath Farr, PD Psychology Lead <a href="mailto:Catherine.Farr@wlmht.nhs.uk">Catherine.Farr@wlmht.nhs.uk</a></p>
<p>Dr Callum Ross Consultant Forensic Psychiatrist Clinical Lead for the PD Pathway Broadmoor Hospital T: 01344 754753; F: 01344 754768 <a href="mailto:callum.ross@wlmht.nhs.uk">callum.ross@wlmht.nhs.uk</a> <a href="mailto:callum.ross@nhs.net">callum.ross@nhs.net</a></p>	<p>Dr Estelle Moore Professional Lead for Psychology Tel: 01344 754143/4492 <a href="mailto:Estelle.Moore@wlmht.nhs.uk">Estelle.Moore@wlmht.nhs.uk</a> Cath Farr, PD Psychology Lead <a href="mailto:Catherine.Farr@wlmht.nhs.uk">Catherine.Farr@wlmht.nhs.uk</a></p>		
<b>Web Links</b>	<a href="http://www.wlmht.nhs.uk/">http://www.wlmht.nhs.uk/</a>		

## Ashworth Hospital PD Service

<b>Address</b>	Ashworth Hospital, Parkbourn, Liverpool, L31 1HW
<b>Description of service</b>	High secure psychological services at Ashworth consist of clinical and forensic psychologists (and trainees), cognitive behaviour therapists, a psychodynamic therapist and nurse therapists. In relation to PD, psychological services are responsible for completing highly specialist assessments of personality and risk, and providing suitable therapies. Psychologists provide input to the multi-disciplinary teams based on the PD wards in developing and implementing appropriate treatment plans to manage risk and personality issues.
<b>Delivery partners</b>	N/A
<b>Number of places</b>	Approximately 99 beds across 6 wards. These wards differ in level of dependency, i.e. admission/high dependency and medium dependency. The level of dependency is reflected in differences in physical, procedural and relational security (e.g. staff to service user ratio, search policies).
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	The length of intervention is dependent upon the presenting problems but can range from weeks to years. For example, an intervention using a cognitive analytic therapy (CAT) model might last between 2 and 6 months, whereas work using a schema therapy could take between 18 and 24 months.
<b>Catchment area</b>	North West, West Midlands, and Wales
<b>Entry Criteria</b>	If a service user's personality presentation is related to their risk and quality of life then they are deemed suitable for referral to psychological services for assessment.
<b>Interventions offered</b>	Individual and group interventions are offered to service users with diagnoses of PD. These are as follows: <ul style="list-style-type: none"> <li>▪ Schema Therapy</li> <li>▪ Dialectical Behaviour Therapy (DBT)</li> <li>▪ Cognitive Analytic Therapy (CAT)</li> <li>▪ Life Minus Violence (LMV-e)</li> <li>▪ Thinking Minds Programme</li> <li>▪ Cognitive Behaviour Therapy (CBT)</li> <li>▪ Sexual Risk Management Programme (SRMP)</li> <li>▪ Substance Free Future (SFF) Programme</li> </ul>
<b>Contact Details</b>	<a href="mailto:Jennifer.kilcoyne@merseycare.nhs.uk">Jennifer.kilcoyne@merseycare.nhs.uk</a>
<b>Web Links</b>	<a href="http://www.merseycare.nhs.uk/">http://www.merseycare.nhs.uk/</a>

## HMP Belmarsh London Pathways OPD Progression Service

<b>Address</b>	London Pathway Progression Unit, HMP Belmarsh, Western Way, Thamesmead, London, SE28 0EB
<b>Description of service</b>	The EPU is designed for high risk, high harm offenders who have complex needs arising from pervasive psychological difficulties (which may meet the criteria for personality disorder), who are within two years of release, and whose progression and safe release into the community is complicated by their personality difficulties. The unit will be located on a 41-single cell spur in a normal residential unit at HMP Belmarsh. It is not a treatment unit, but aims to assist offenders with their progression through a psychologically-informed understanding of the particular difficulties and risk, and a relational context that enables them to develop a meaningful and realistic desistance plan.
<b>Delivery partners</b>	<ul style="list-style-type: none"> <li>▪ HMP Belmarsh</li> <li>▪ London Pathways Partnership (A consortium of NHS mental health trusts)</li> <li>▪ London Probation Trust</li> </ul>
<b>Number of places</b>	41
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	12 – 24 months
<b>Catchment area</b>	Cases held by London Probation Trust
<b>Entry Criteria</b>	<p>A prisoner is potentially suitable for the LPPu if:</p> <ul style="list-style-type: none"> <li>▪ his case is held by London probation and he is likely to be released to London</li> <li>▪ he has been assessed at some point during his current sentence as presenting a high likelihood of violent or sexual offence repetition, and high or very high risk of harm</li> <li>▪ he has longstanding emotional and interpersonal difficulties that are likely to reflect a severe PD</li> <li>▪ there is a link between his personality difficulties and his offending and risk</li> <li>▪ the LPPu is the most appropriate place to facilitate progression</li> <li>▪ he has between 12 and 24 months to serve before release into the community.</li> </ul> <p>Other prisoners may be considered if:</p> <ul style="list-style-type: none"> <li>▪ the LPPu would be part of a planned transfer from a secure hospital to a prison as part of a progression pathway</li> <li>▪ further support is required to obtain a parole board recommendation of release or progressive move, and the LPPu's role in achieving this can be clearly identified</li> <li>▪ the prisoner has been recalled for breaching his licence conditions.</li> </ul> <p>A prisoner may not be suitable if:</p> <ul style="list-style-type: none"> <li>▪ there are un-resolvable conflicts with other prisoners or staff at Belmarsh.</li> <li>▪ he is better placed on a vulnerable prisoner unit.</li> <li>▪ he requires enhanced staffing due to the risk of violence in a secure setting.</li> <li>▪ his needs can be better met elsewhere.</li> <li>▪ the benefits of being on the LPPu are not clear.</li> <li>▪ he requires a drug or alcohol detoxification.</li> <li>▪ the home prison establishment is not prepared to accept him back during the first 6 months</li> </ul>
<b>Interventions offered</b>	<ul style="list-style-type: none"> <li>▪ Developing a formulation and a desistance plan</li> <li>▪ 'Induction Session'</li> </ul>

	<ul style="list-style-type: none"> <li>▪ Short courses: Understanding being in a group, Understanding Personality, Understanding Risk, and Understanding Paranoia</li> <li>▪ Skills courses based on Dialectical Behaviour Therapy to look at: Mindfulness, Tolerating Stress, Regulating Emotions and Improving Relationships with Others.</li> <li>▪ ‘Life Patterns’ which is based on Schema Therapy and looks at the different ways aspects of our personality impact on others</li> <li>▪ More practical courses include ‘Managing your Licence,’ a course run with probation staff for prisoners who will be released on licence.</li> <li>▪ Occupational therapy provides a variety of creative opportunities for the men on the unit to engage in meaningful occupations and consequently develop protective factors that will support them in the future to live a fulfilling life where the likelihood of reoffending may be reduced. Employment, vocational, educational and community reintegration work are our main areas of intervention. Some examples of this work include: creative writing, cookery, music, art, workshops/programmes from external agencies that provided links with the community and individual key work looking at past and future lifestyle factors.</li> <li>▪ We also have courses run by visiting organisations which focus on building skills for life outside. These include using art to become mentors to younger people, music production and creative writing and literacy skills.</li> </ul>
<b>Contact Details</b>	<p>Team Office: 0208 3314697</p> <p>Service Leads: <a href="mailto:alexander.worsman@hmpr.gsi.gov.uk">alexander.worsman@hmpr.gsi.gov.uk</a>; <a href="mailto:nikki.jeffcote@nhs.net">nikki.jeffcote@nhs.net</a>; <a href="mailto:colin.campbell8@nhs.net">colin.campbell8@nhs.net</a></p>
<b>Web Links</b>	n/a

## HMP Frankland Westgate OPD Treatment Service

<b>Address</b>	HMP Frankland, Brasside, Durham, DH1 5YD
<b>Description of service</b>	The Westgate Unit delivers assessment and treatment of high risk offenders with PD and its purpose is to improve the mental health outcomes and reduce risk of serious harm presented by this group.
<b>Delivery partners</b>	Ministry of Justice, the Department of Health, Her Majesty's Prison Service and the National Health Service
<b>Number of places</b>	65
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Approximately 3 – 5 years
<b>Catchment area</b>	Northern part of the UK
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• A high risk of committing further serious offences (ones in which the victim is unlikely to make a full physical or emotional recovery)</li> <li>• Psychopathy traits indicative of a PCL-r score of 30+</li> <li>• Psychopathy traits indicative of a PCL-r score of 25-29 plus one DSM-1V PD other than anti social</li> <li>• Psychopathy traits indicative of a PCL-r score of less than 25 with at least 2 DSM-1V PDs which can include anti-social</li> </ul>
<b>Interventions offered</b>	<p>Chromis –</p> <ul style="list-style-type: none"> <li>• Motivation and Engagement, Creative Thinking, Problem Solving , Handling Conflict</li> <li>• Westgate Specific modules:</li> <li>• Iceberg (Substance Misuse), Emotion Modulation, Social Competence, Relationships and Intimacy skills</li> <li>• Imminent Needs services</li> <li>• Dialectical Behavioural Therapy (DBT), Cognitive Behavioural Therapy (CBT), Eye Movement Desensitisation and Reprogramming (EMDR)</li> </ul>
<b>Contact Details</b>	<p>For further information, please contact            Referral queries: <a href="mailto:Jen.Tomlinson@hmpr.gsi.gov.uk">Jen.Tomlinson@hmpr.gsi.gov.uk</a>; tel. 0191 3765921            General information: <a href="mailto:Kirsty.tempest@hmpr.gsi.gov.uk">Kirsty.tempest@hmpr.gsi.gov.uk</a>;  <a href="mailto:Kimberley.gibson@hmpr.gsi.gov.uk">Kimberley.gibson@hmpr.gsi.gov.uk</a></p>
<b>Web Links</b>	<p>Intranet link:  <a href="http://psw10595:88/establishment/100049/ww/WESTGATE%20WEBSITE/index.html">http://psw10595:88/establishment/100049/ww/WESTGATE%20WEBSITE/index.html</a></p>

## HMP Frankland PIPE

<b>Address</b>	HMP Frankland, Brasside, Durham, DH1 5YD
<b>Description of service</b>	The PIPE unit is designed to help individuals to interact with other residents and staff alike in a safe, friendly and productive way. In doing this residents will have the opportunity to practise and apply the skills that have been learned from previous group work. The aim of this is to help residents to prepare for their next step, whether this is to a lower category prison or release into the community.
<b>Delivery partners</b>	NHS England, NOMS
<b>Number of places</b>	21
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Minimum: 6 months Maximum: 2 years
<b>Catchment area</b>	Any Category A prisoner in High Secure Estate
<b>Entry Criteria</b>	Must be a Category A adult male prisoner or a Cat B prisoner with reallocation instructions
<b>Interventions offered</b>	<ul style="list-style-type: none"> <li>• Structured sessions</li> <li>• Creative sessions</li> <li>• Key worker sessions</li> </ul>
<b>Contact Details</b>	Referral queries: <a href="mailto:pipes.frankland@hmps.gsi.gov.uk">pipes.frankland@hmps.gsi.gov.uk</a> ; tel. 0191 3765896 General information: <a href="mailto:Alex.lafferty@hmps.gsi.gov.uk">Alex.lafferty@hmps.gsi.gov.uk</a> <a href="mailto:Kirsty.tempest@hmps.gsi.gov.uk">Kirsty.tempest@hmps.gsi.gov.uk</a> <a href="mailto:Gemma.Tock@hmps.gsi.gov.uk">Gemma.Tock@hmps.gsi.gov.uk</a> Tel. 0191 3765886 / 5394
<b>Web Links</b>	n/a

## HMP Whitemoor Fens OPD Treatment Service

<b>Address</b>	HMP Whitemoor, Longhill Road, March, Cambs, PE15 0PR
<b>Description of service</b>	The service aims to reduce the risk of offenders who are at high risk of violent and sexual re-offending and who are diagnosed as suffering from severe PD; by working with offenders to look at how they came to have a PD and what aspects of that disorder need to change to reduce the likelihood that they will offend again. The programme is delivered by a multi-disciplinary team. This includes prison officers, psychologists, nurses and a psychiatrist, who work closely together to carry out assessment and, to those that meet criteria.
<b>Delivery partners</b>	NOMS and Cambridgeshire and Peterborough NHS Foundation Trust
<b>Number of places</b>	70 (65 assessment and 5 progression)
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	5 years
<b>Catchment area</b>	Southern part of the UK, but will take nationally in exceptional circumstances
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Be at high risk of reoffending (measured by Risk Matrix 2000, Static 99, VRS, HCR-20 and SARN)</li> <li>• Have a severe PD (measured by IPDE and PCL-R)</li> <li>• Have a link between his personality pathology and the offences he commits (assessed by combination of detailed offence analysis and clinical developmental history)</li> </ul>
<b>Interventions offered</b>	<p>Individual therapy</p> <p>Group work including:</p> <ul style="list-style-type: none"> <li>• PD Awareness (0-3 months)</li> <li>• Human Relationships (4-6 months)</li> <li>• Cognitive Interpersonal Group Therapy</li> <li>• Schema Focused Therapy Group</li> <li>• Affect Regulation Group</li> <li>• Offence Focused Therapy</li> <li>• Addictive Behaviours Group</li> <li>• Interpersonal Relationships Group</li> </ul>
<b>Contact Details</b>	<p>Referrals:</p> <p>Warren Dennis, Consultant Forensic Psychologist  Email – <a href="mailto:Warren.dennis@hmpr.gsi.gov.uk">Warren.dennis@hmpr.gsi.gov.uk</a>  Telephone: 01354 602764</p> <p>Assessment:</p> <p>Jacqui Evans, Consultant Forensic Psychologist  Email – <a href="mailto:Jacqui.evans@hmpr.gsi.gov.uk">Jacqui.evans@hmpr.gsi.gov.uk</a>  Telephone: 01354 602766</p> <p>Treatment:</p> <p>Naomi Murphy, Consultant Clinical and Forensic Psychologist  Email – <a href="mailto:Naomi.murphy@hmpr.gsi.gov.uk">Naomi.murphy@hmpr.gsi.gov.uk</a>  Telephone: 01354 602768</p>
<b>Web Links</b>	n/a

# Part B: Category B Prisons – trainers and local prisons





## HMP Dovegate Democratic Therapeutic Community

<b>Address</b>	Therapeutic Prison, HMP Dovegate, Uttoxeter, Staffordshire, ST14 8XR
<b>Description of service</b>	There are four treatment Communities (Avalon, Endeavour, Camelot, Genesis) within an overall Therapeutic Prison. The DTC is a high intensity offending behaviour programme for men with longstanding emotional and relationship difficulties that link to their offending.
<b>Delivery partners</b>	Community of Communities, NOMS
<b>Number of places</b>	40 – Assessment beds, 140 – Core Therapy
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Minimum 18 months in Core Therapy
<b>Catchment area</b>	National
<b>Entry Criteria</b>	<p>Every applicant is considered on an individual basis, but, in general, must:</p> <ul style="list-style-type: none"> <li>• Be an adult male prisoner who is Category B or below</li> <li>• Have at least 21 months to serve before their PED or CRD</li> <li>• Have a complete and up to date OASys report.</li> <li>• Admit to and take responsibility for their offence and be prepared to discuss offending behaviour in a group setting</li> <li>• Be willing to sign up to weaning off any anti-depressants within 6 months.</li> </ul> <p>Prisoners must not:</p> <ul style="list-style-type: none"> <li>• Be appealing against conviction</li> <li>• Have been on the Escape list or been a Category A prisoner in the last 6 months</li> <li>• Be in a parole window if an indeterminate prisoner</li> <li>• Have had a positive MDT/VDT (Mandatory/Voluntary drug test in the last two months</li> <li>• Be suspected of dealing in drugs</li> <li>• Have been on an open ACCT (Self Harm file) in the last two months</li> <li>• Be undergoing any form of detox (Any medication used for a detox must have been discontinued for a period of two months)</li> <li>• Be taking any form of psychotropic or opiate based medication for a period of two months prior to arrival.</li> </ul> <p>Automatic applicant exclusions</p> <ul style="list-style-type: none"> <li>• Anyone who is neurologically brain damaged, either through birth or an incident later in life. Anyone who has uncontrolled epilepsy, unstable diabetes or a similar medical condition</li> </ul> <p>Special notes</p> <ul style="list-style-type: none"> <li>• The results of a PCLR, if previously completed, will be considered, using clinical judgment on an individual basis. Any applicant with very high levels of psychopathic traits will be declined.</li> <li>• A prisoner should not be exhibiting major mental illness or awaiting transfer to secure hospital.</li> </ul>
<b>Interventions offered</b>	Group Therapy, Core Creative Psychotherapies, Therapy, Resolve, TSP, BBR
<b>Contact Details</b>	Trevor Williams – Director Therapeutic Prison Referrals – 01283 829542
<b>Web Links</b>	n/a

## HMP Dovegate Therapeutic Community +

<b>Address</b>	TC+ (TC Venture) – HMP Dovegate, Moreton Lane, Uttoxeter, Staffs. ST14 8XR
<b>Description of service</b>	TC+ is a Therapeutic Community contextualised for men with Learning disabilities who have been unable to access conventional offending behaviour programmes due to their IQ and learning style, or have struggled to retain learning from those offending behaviour programmes.
<b>Delivery partners</b>	NHS and NOMS
<b>Number of places</b>	20
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Minimum 3 years
<b>Catchment area</b>	National (England and Wales)
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Medium and high risk men, usually violent offences, but not always</li> <li>• No drug use within at least 2 months prior to referral</li> <li>• No self harm within at least 2 months prior to referral</li> <li>• Adequate time remaining on sentence (3 years)</li> <li>• Admitting responsibility for their offence</li> <li>• Not CAT A or on Escape List</li> <li>• No current diagnosis of major mental illness</li> <li>• Use of psychotropic medication should conform with the Medication Policy</li> <li>• Likely to be ineligible for a general TC because of perceived learning disability</li> <li>• We are not currently able to accept sex offenders or those who are high scoring psychopaths</li> </ul>
<b>Interventions offered</b>	<p>Treatment consists of group therapy and structured community living, where all residents on the community have shared responsibility for the day-to-day running of the community, decision making and problem solving.</p> <p>Therapy is 24/7. TC+ runs similarly to TC through the use of small groups and community meetings, where thinking and behaviour are explored, and links to offending and risk are identified.</p> <p>Small therapy groups are a combination of both small therapy groups and more structured groups with a theme. Each theme aims to address treatment need in a particular risk area.</p> <p>TC+ responds to people's learning styles, and creative techniques are utilised to aid understanding and learning. Learning is recorded verbally, and in pictorial and written form. Core creative psychotherapy groups are available to residents too.</p>
<b>Contact Details</b>	<a href="mailto:Sarah.Stringfellow@Serco.com">Sarah.Stringfellow@Serco.com</a>
<b>Web Links</b>	n/a

## HMP Garth The Beacon OPD Treatment Service

<b>Address</b>	The Beacon, HMP Garth, Moss Lane, Ulnes-Walton, Leyland, Lancashire, PR26 8LW
<b>Description of service</b>	<ul style="list-style-type: none"> <li>▪ The Beacon is based on a recovery and attachment model which aims to provide evidence-based specialist treatment for prisoners with personality difficulties. The underpinning philosophy is psychologically informed based on a bio-psychosocial model of PD. Individualised assessments and treatments are provided in group and individual formats, which enhance pro-social relationships, reduce risk and improve psychological well-being.</li> <li>▪ A shared therapeutic model structures the service based on Livesley's (2012) phases of treatment. These phases of therapy facilitate gradual and progressive skill-building before entrenched patterns are addressed and aid the integration of a number of approaches in a coherent and structured way. The appropriate treatment planning and sequencing is necessary to match the prisoners' needs at different stages of their recovery. Thus the focus and intensity of interventions may change during the pathway and will be responsive to the individual. The promotion of social inclusion, hope and empowerment for change are central tenets of the recovery based philosophy.</li> </ul>
<b>Delivery partners</b>	NOMS/NHS England co-commissioned service jointly delivered by Mersey Care NHS Trust & HMP Garth
<b>Number of places</b>	48
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	This is dependent on individual need but it is not anticipated that this will be less than two years
<b>Catchment area</b>	North of England
<b>Entry Criteria</b>	<p>Cat B or C adult male prisoners:</p> <ul style="list-style-type: none"> <li>• Aged over 21 years. Serving a sentence of imprisonment with sufficient time to engage in treatment (approximately at least two years on The Beacon) - but with less than 20 years left to serve</li> <li>• Assessed as presenting a high likelihood of violent or sexual offence repetition and high or very high risk of harm to self or others. Likely to have a PD/significant personality difficulties. There is a clinically justifiable link between the personality difficulties and risk. Men who are referred should also be able to manage on normal location within the prison.</li> </ul> <p>Prisoners are generally serving a determinate term of imprisonment of at least four years or an indeterminate sentence of any tariff length. They can be referred at any point during their sentence but they should have at least two years left to serve so they have time to engage in treatment and some time after to monitor and consolidate skills after they have left the unit. They will have complex needs consisting of emotional and interpersonal difficulties, and display challenging behaviour of a degree that causes concern in relation to their effective management and progress.</p>
<b>Interventions offered</b>	Range of psychological, occupational, educational and social interventions and activities, including group and 1:1 sessions and therapy, workshops, activity groups, community meetings and opportunities to contribute to decision-making about the service.
<b>Contact Details</b>	Referrals: 01772 443367, Clinical Lead: 01772 443394, Custodial Manager: 01772 443342
<b>Web Links</b>	n/a

## HMP Gartree Democratic Therapeutic Community

<b>Address</b>	HMP Gartree, Gallowfield Road, Market Harborough, LE16 7LA
<b>Description of service</b>	A high intensity offending behaviour programme for men predominantly serving life sentences with longstanding emotional and relationship difficulties that link to their offending. The 24-bed facility is accredited by The Community of Communities as part of the Royal College of Psychiatry. The programme is part of the National OPD Pathway and has consistently achieved high marks in its bi-annual audits. Service users stay 2-3 years to complete the programme.
<b>Delivery partners</b>	NOMS and NHS England
<b>Number of places</b>	24
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Service users are asked to make an open commitment to therapy lasting 18 months to 3 years, although the average length of stay of completers is 2 years and in exceptional circumstances has been extended to 3½ years.
<b>Catchment area</b>	National
<b>Entry Criteria</b>	Service Users do not need a diagnosis of PD to apply, but do need to demonstrate motivation to change problematic behaviour and commit to a therapeutic process that can last up to 3 years. They also need to be free of psychotropic medication, such as anti-psychotics, anti-depressants, mood stabilizers and tranquilizers, or be willing to come off such medication in consultation with a GP and/or psychiatrist. Other considerations include but are not limited to previous offending, mental health history, recent substance misuse and length of recovery, and aggressive and/or violent behaviour.
<b>Interventions offered</b>	Every part of the living-learning experience of the TC is part of the therapeutic intervention and includes but is not limited to the following: twice weekly community meetings; small therapy groups 3 times weekly; quarterly all-day business meetings between community members and staff; team-building groups; Family Days; cooking together; body therapy in the form of Somatic Experiencing for working with trauma; professional visitor days; community jobs.
<b>Contact Details</b>	Email: Randy Ulland GTC Director of Therapy – <a href="mailto:randy.ulland@hmps.gsi.gov.uk">randy.ulland@hmps.gsi.gov.uk</a> Phone GTC Team: 01858 426 789
<b>Web Links</b>	n/a

## HMP Gartree Therapeutic Community +

<b>Address</b>	HMP Gartree, Gallowfield Road, Market Harborough, LE16 7LA
<b>Description of service</b>	Therapeutic Community Plus (TC+) operates within the same framework and model of mainstream Democratic Therapeutic Communities (DTCs) in prisons. However the approach is contextualised to support offenders with a Learning Disability (LD). The intended outcomes are the same as those for a mainstream DTC. TC+ is a collaboration between NOMS and NHS England.
<b>Delivery partners</b>	NOMS and NHS England
<b>Number of places</b>	12
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	A prisoner may expect to be on TC+ for around 3 years
<b>Catchment area</b>	National
<b>Entry Criteria</b>	TC+ provides a specialist intervention for prisoners with LD and lower IQ, therefore it is aimed at prisoners with a full scale IQ between 60 and 80 who are unable to access mainstream offending behaviour programmes. It is suitable for prisoners who primarily need to address violent offence-related risk, in addition to personality and psychological disorders. TC+ can be accessed by sentenced offenders with a wide range of offending needs, including violent and indeterminate prisoners whose complex needs cannot be adequately met by a single intervention.
<b>Interventions offered</b>	<p>Every part of the living-learning experience of the TC is part of the therapeutic intervention and includes but is not limited to the following:            Treatment consists of group therapy and structured community living. Community members have shared responsibility for the day-to-day running of the community, decision making and problem solving. Key features are:</p> <ul style="list-style-type: none"> <li>• Daily small groups and community meetings</li> <li>• Use of community activities to promote skill development and generalisation</li> <li>• Staff supporting the community in democratic decision making and providing pro-social role models</li> <li>• Staff and prisoners challenging and giving feedback about behaviour that is anti-social or linked to offending behaviour patterns.</li> </ul> <p>In addition to unstructured therapy groups, TC+ members attend semi-structured therapy sessions as part of 'themed' modules. Each module aims to address treatment need in a particular risk area (e.g. Criminal thinking module). TC+ utilises a slower pace of learning, higher staffing levels, shorter groups with smaller numbers and creative learning methods. Learning and information is displayed in written or pictorial form around the unit. Members engage in core creative therapies, such as Art therapy and Music therapy.</p>
<b>Contact Details</b>	Email: David Jones, Therapy Manager, TC+. <a href="mailto:David.jones@hmps.gsi.gov.uk">David.jones@hmps.gsi.gov.uk</a>
<b>Web Links</b>	n/a

## HMP Gartree PIPE

<b>Address</b>	HMP Gartree, Gallowfield Road, Market Harborough, LE16 7LA
<b>Description of service</b>	The Psychologically Informed Planned Environment (PIPE) at HMP Gartree was set up for life sentenced prisoners who have completed medium to high intensity programmes and are looking to consolidate progress and gain continued support.
<b>Delivery partners</b>	NHS England, NOMS
<b>Number of places</b>	60
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Minimum: 6 months Maximum: 2 years
<b>Catchment area</b>	National
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>▪ Must be serving a life sentence (IPP or mandatory)</li> <li>▪ Must have completed a medium to high intensity programme</li> <li>▪ Must be self-motivated (it cannot be a mandatory requirement of their sentence plan)</li> </ul>
<b>Interventions offered</b>	<ul style="list-style-type: none"> <li>▪ Structured sessions</li> <li>▪ Creative sessions</li> <li>▪ Key worker sessions</li> <li>▪ Use of Good Lives Model to support progress</li> </ul>
<b>Contact Details</b>	<a href="mailto:PIPE.Gartree@hmps.gsi.gov.uk">PIPE.Gartree@hmps.gsi.gov.uk</a>
<b>Web Links</b>	n/a

## HMP Grendon Democratic Therapeutic Community

<b>Address</b>	HMP Grendon, Grendon Underwood, Aylesbury, Buckinghamshire, HP18 0TL
<b>Description of service</b>	HMP Grendon is a therapeutic community (TC) prison made up of six therapeutic communities. This includes one assessment unit and five residential communities, including one wing for men whose offending has been sexually motivated and one wing for men with learning disabilities (TC plus) – Information on this service can be found elsewhere in this Brochure.
<b>Delivery partners</b>	NOMS and NHS England
<b>Number of places</b>	233
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Minimum: 18 months Maximum: 36 months
<b>Catchment area</b>	National
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• No drug use within at least 6 months prior to the referral.</li> <li>• No self harm within at least 2 months prior to the referral.</li> <li>• Minimum of 2 years remaining on sentence.</li> <li>• Must not be appealing their conviction although can be appealing their sentence.</li> <li>• Must not be in active denial of their offending.</li> <li>• Must not be a category A prisoner or on the Escape list.</li> <li>• Scores of above 29 on Ravens Progressive Matrices and scores of above 80 on the WASI / WAIS IV will be considered for the TCs.</li> <li>• Those with a score of 25 + on the PCL-R are eligible for referral to the TCs but not the TC Plus.</li> <li>• No current evidence of mental illness / actively psychotic.</li> </ul>
<b>Interventions offered</b>	<ul style="list-style-type: none"> <li>• Community meetings</li> <li>• Complementary therapies</li> <li>• Education</li> <li>• Vocational work</li> </ul>
<b>Contact Details</b>	Richard Shuker: <a href="mailto:richard.shuker@hmpr.gsi.gov.uk">richard.shuker@hmpr.gsi.gov.uk</a> ; tel. 01296 445113
<b>Web Links</b>	n/a

## HMP Grendon Therapeutic Community +

<b>Address</b>	HMP Grendon, Grendon Underwood, Aylesbury, Buckinghamshire, HP18 0TL
<b>Description of service</b>	<p>Therapeutic Community Plus (TC+) operates within the same framework and model of mainstream Democratic Therapeutic Communities (DTCs) in prisons. However the approach is contextualised to support offenders with a Learning Disability (LD). The intended outcomes are the same as those for a mainstream DTC. TC+ is a collaboration between NOMS and NHS England.</p> <ul style="list-style-type: none"> <li>• A 20 bed wing separate from the main prison</li> <li>• A place to learn safely with support and respect from everyone</li> <li>• A place where we make decisions together</li> <li>• A social place where we live in a community</li> <li>• A place where we learn from each other</li> <li>• A supportive place where we can help each other</li> </ul>
<b>Delivery partners</b>	NOMS & NHS England
<b>Number of places</b>	20
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	12 week assessment; up to 3 years treatment
<b>Catchment area</b>	National (although the service will where necessary prioritise referrals from London and the South East)
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• People unable to fully benefit from mainstream programmes and Therapeutic Communities because of score on cognitive ability assessments. (E.g. below 80 on WAIS or WASI).</li> <li>• Life sentenced and IPP prisoners (pre or post tariff) and determinate-sentenced prisoners with at least 3 years left to serve</li> <li>• Category B or C prisoners</li> <li>• People free from drug use</li> <li>• No self harm in the last 2 months</li> </ul>
<b>Interventions offered</b>	<ul style="list-style-type: none"> <li>• Daily meetings and groups</li> <li>• Group activities</li> <li>• To be part of a community that makes decisions about day to day life on the wing</li> <li>• To help others and let others help you</li> </ul>
<b>Contact Details</b>	Richard Shuker: <a href="mailto:richard.shuker@hmps.gsi.gov.uk">richard.shuker@hmps.gsi.gov.uk</a> ; tel. 01296 445113
<b>Web Links</b>	n/a



## HMP Hull PIPE

<b>Address</b>	HMP Hull, Hedon Road, Hull, HU9 5LS
<b>Description of service</b>	The PIPE unit is designed to help individuals to interact with other residents and staff alike in a safe, friendly and productive way. In doing this residents will have the opportunity to practice and apply the skills that have been learned from previous group work. The aim of this is to help residents to prepare for their next step, whether this is to a lower category prison or release into the community.
<b>Delivery partners</b>	NOMS and NHS England
<b>Number of places</b>	50
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Minimum: 6 months Maximum: 2 years
<b>Catchment area</b>	National
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>▪ Vulnerable Prisoner (VP) Residents</li> <li>▪ Must be at a stage where the majority of the treatment has been completed.</li> <li>▪ There is no specific requirement to have a diagnosis of PD.</li> <li>▪ Must have at least 2 years remaining before the end of the sentence.</li> </ul>
<b>Interventions offered</b>	<ul style="list-style-type: none"> <li>▪ Key worker sessions</li> <li>▪ Structured sessions in groups focusing on areas linked to risk and semi Structured/creative sessions for residents to engage and practice more interpersonal skills.</li> </ul>
<b>Contact Details</b>	For further information please contact: <a href="mailto:Tracy.Brookes@hmps.gsi.gov.uk">Tracy.Brookes@hmps.gsi.gov.uk</a> ; <a href="mailto:Jolene.Jones@hmps.gsi.gov.uk">Jolene.Jones@hmps.gsi.gov.uk</a>
<b>Web Links</b>	n/a

## HMP Swaleside Pathways Service

<b>Address</b>	HMP Swaleside, Brabazon Road, Eastchurch, Isle of Sheppey, Kent, ME12 4AX
<b>Description of service</b>	The Pathways Service offers both a treatment and PIPE service at HMP Swaleside. It is for high risk Cat B or C adult male prisoners with emotional, relationship and behavioural difficulties that prevent them from completing their sentence plans. The Pathways Service has two functions – an Engagement function and a Treatment function. The Engagement function offers men the opportunity to live in a supportive environment where there is a focus on interpersonal relationships, motivation to engage, group process and preparation for treatment readiness. The Treatment function offers more intensive therapeutic support for those prisoners who are able and motivated to address their emotional and interpersonal difficulties. This element of the service may suit prisoners who are willing to engage in Treatment, but unable to tolerate the intensity of a TC.
<b>Delivery partners</b>	NHS and NOMS
<b>Number of places</b>	30 Engagement and 15 Treatment places with plans to extend the Treatment service to 30 places in April 2015.
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Engagement – 6-12 months Treatment – 12 months
<b>Catchment area</b>	London; south, south east, south west of England; Wales
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Adult male</li> <li>• At least 18 months to serve</li> <li>• High risk harm – OASys score</li> <li>• Category B and C prisoners</li> <li>• Personality difficulties, but diagnosis not necessary</li> <li>• Denial not a barrier</li> <li>• Prisoner must be willing to participate – but we expect ambivalence</li> <li>• Held by probation trust in London, South East/West/Central, Wales</li> <li>• LD considered on a case by case basis</li> <li>• Currently unable to accept sex offenders</li> <li>• Men known to UKBA must have leave to remain</li> <li>• Individual and exceptional cases considered</li> </ul>
<b>Interventions offered</b>	<p>Engagement function:</p> <ul style="list-style-type: none"> <li>• Keywork sessions</li> <li>• Structured sessions</li> <li>• Socially creative sessions</li> </ul> <p>Treatment function</p> <ul style="list-style-type: none"> <li>• Keywork sessions</li> <li>• Structured sessions</li> <li>• Therapeutic groups</li> <li>• Individual psychology</li> <li>• Socially creative sessions</li> </ul>
<b>Contact Details</b>	<p>Clinical Lead: <a href="mailto:Pamela.Attwell@nhs.net">Pamela.Attwell@nhs.net</a></p> <p>Operational Lead: <a href="mailto:Jayne.Murray@hmps.gsi.gov.uk">Jayne.Murray@hmps.gsi.gov.uk</a>; tel. 01795 804181</p> <p>Engagement lead: <a href="mailto:Siobhan.Quinn@hmps.gsi.gov.uk">Siobhan.Quinn@hmps.gsi.gov.uk</a>; tel. 01795 804180</p> <p>Referrals Co-ordinator: <a href="mailto:Tracy.Hurkett@hmps.gsi.gov.uk">Tracy.Hurkett@hmps.gsi.gov.uk</a></p>
<b>Web Links</b>	n/a

## HMP Pentonville Enhanced Support Service (ESS)

<b>Address</b>	HMP Pentonville, Caledonian Road, London, N7 8TT
<b>Description of service</b>	<p>This service aims to reduce the negative impact of violent and disruptive behaviour in prisons through the use of a dedicated multi-disciplinary staff team that works in partnership across prison, healthcare and forensic psychology services. The ESS will target the small minority of prisoners in each establishment who demonstrate severe and persistent violent and disruptive behaviour that has not responded to existing strategies and interventions to manage this behaviour. Staff will work intensively with these prisoners in a collaborative manner to develop motivation and positive coping skills in order to reduce negative behaviours. They will develop and work towards personal and sentence planning goals. The team will work in a psychologically informed manner and be supported by formulation based on understanding of the prisoners with whom they are working. The team will work indirectly with other staff to increase understanding and appropriate management of these prisoners.</p> <p><i>Note that the ESS is due to be expanded in late 2014 to additionally include HMP YOI Brinsford and HMP YOI Swaleside.</i></p>
<b>Delivery partners</b>	<ul style="list-style-type: none"> <li>▪ HMP Pentonville</li> <li>▪ Barnet Enfield and Haringey Mental Health Trust</li> <li>▪ Greater London Psychological Services</li> </ul>
<b>Number of places</b>	6-12 at any given time
<b>Residential or non-residential</b>	Non-residential (dispersed across the prison)
<b>Approx. length of intervention</b>	c/12 weeks
<b>Catchment area</b>	HMP Pentonville (this is not an open service)
<b>Entry Criteria</b>	<p>All referrals to the service will be offenders at HMP Pentonville. Suitable referrals will demonstrate one or more of the following:</p> <ul style="list-style-type: none"> <li>▪ Threats and/or verbally abusive behaviours; recurrent violent and aggressive behaviours; recurring sexually inappropriate behaviour; recurring damage/destruction to property (including cell smashing, fire starting, flooding etc); prolific and severe threats; inability to settle in normal location; and disruptive to the general prison operations.</li> </ul>
<b>Interventions offered</b>	<p>The staff team will seek to address the prisoner's needs through conducting the following activities: psychoeducation – including understanding triggers for violent behaviour and the thought process that may be associated with the specific behaviours; Motivational work; Self esteem work; Goal setting; Problem solving; Emotional regulation; Distress tolerance; Pro-social skills; and/or Other – as agreed locally by and available to the team. The ESS service does not offer formal interventions.</p>
<b>Contact Details</b>	<p>Gemma Phillips (Head of Safer Custody, HMP Pentonville)          Telephone: 0207 023 7143. Email: <a href="mailto:gemma.phillips@hmps.gsi.gov.uk">gemma.phillips@hmps.gsi.gov.uk</a></p>
<b>Web Links</b>	n/a

# Part C: Medium secure (Health), adult male Category C Training prisons and closed prisons for Young Offenders



## Waddon Ward, Bethlem Royal Hospital

<b>Address</b>	Forensic Intensive Psychological Treatment Service (FIPTS) Inpatient Service Waddon Ward, River House, Bethlem Royal Hospital, Monks Orchard Road, Beckenham, Kent, BR3 3BX
<b>Description of service</b>	<p>FIPTS is a medium secure and community (formerly DSPD) pilot site based in the South London and Maudsley NHS Foundation Trust. It has three components spanning the pathway from medium security to independent living in the community. The inpatient unit is based on Waddon Ward, forming part of a larger 90-bed medium secure unit, River House, in the Bethlem Royal Hospital. There is continuity of care across all three components of FIPTS – inpatient, residential and community.</p> <p>There is robust pathway management from the time of admission to the FIPTS inpatient unit to discharge to independent living in the community. Patients have an initial three month admission for assessment, following which they are either accepted for treatment or recommendations are provided to the referrer regarding alternative treatment pathways, with the option of returning at a future date. Those who commence treatment have their treatment targets defined using the Violence Risk Scale (VRS), which is then used to monitor progress as patients complete the time-limited, three-phase Violence Reduction Programme.</p>
<b>Delivery partners</b>	Penrose Options, London Pathways Partnership, SOVA, N-Gage
<b>Number of places</b>	15
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	12-24 months
<b>Catchment area</b>	South of the Thames, within the M25. Admissions from elsewhere in the South of England region may considered in liaison with NHS England
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Men aged 18 – 65 years, High-risk of high harm</li> <li>• Diagnosis, or likely to meet criteria for a diagnosis, of PD</li> <li>• Functional link between personality difficulties and offending behaviour</li> <li>• Evidence of some motivation to address both their personality difficulties and offending behaviour (including both sexual and violent offending)</li> <li>• Referrals are welcome for individuals with co-morbid mental illness, so long as current symptoms would not prevent engagement in treatment programme</li> <li>• The service is not suitable for individuals with learning difficulties (IQ &lt;65)</li> </ul>
<b>Interventions offered</b>	The main treatment model in FIPTS is the Violence Reduction Programme (VRP), which aims to meet the treatment needs of high-risk violent offenders using cognitive behavioural approaches and social learning principles within a relapse prevention model. Other treatments include Dialectical Behaviour Therapy, Behavioural Treatment of Substance Abuse, schema-focused therapy and a sex offender group programme. Patients also engage in occupational therapy and education session, with a view to continuity into the community, often in collaboration with third sector organisations.
<b>Contact Details</b>	Dr. Colin Campbell, Consultant Forensic Psychiatrist, 020 3228 8481, <a href="mailto:colin.campbell@slam.nhs.uk">colin.campbell@slam.nhs.uk</a> Vijay Chuttoo, Team Leader, 020 3228 8430, <a href="mailto:vijay.chuttoo@slam.nhs.uk">vijay.chuttoo@slam.nhs.uk</a>
<b>Web Links</b>	<a href="http://www.slam.nhs.uk/our-services/service-finder-details?CODE=SU0005">http://www.slam.nhs.uk/our-services/service-finder-details?CODE=SU0005</a>

## Millfields Unit at the John Howard Centre, Homerton Hospital

<b>Address</b>	Millfields Unit, John Howard Centre, 12 Kenworthy Road, London, E9 5TD
<b>Description of service</b>	Millfields Unit is a medium secure service for adult men based in the East London NHS Foundation Trust. The service runs a modified therapeutic community model, including a mix of psychodynamic group interventions and accredited programmes (including SCP, SOTP and CALM). Individual work is also available, where needed. Developing people's strengths is also a focus of the therapy, and Millfields offers a range of jobs, activities, sports and education.
<b>Delivery partners</b>	NHS England
<b>Number of places</b>	16
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Minimum: 1 year Maximum: 2 years 6 months
<b>Catchment area</b>	All London boroughs.
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Male</li> <li>• Aged 18-65.</li> <li>• Primary diagnosis or suspected diagnosis of PD. Any co-morbid psychotic illness should have been stabilised prior to admission.</li> <li>• PD is functionally linked to offending (or antisocial behaviour)</li> <li>• No convictions for sexual offences against children as an adult.</li> <li>• Must be willing to accept transfer to hospital for treatment.</li> </ul>
<b>Interventions offered</b>	<ul style="list-style-type: none"> <li>• CPA structure including bi-weekly ward rounds and detailed feedback.</li> <li>• Detailed individualised assessment, formulation and treatment targets for all patients.</li> <li>• Therapeutic Community treatment model including 3x weekly community meetings.</li> <li>• Orientation to Therapy (OTT): 12 session psycho-educational intervention for all new patients.</li> <li>• Small psychodynamically-informed groups 2x weekly.</li> <li>• Art Therapy 1x weekly (group and individual).</li> <li>• Individual psychology: offence analysis; help with specific difficulties, e.g. obsessive compulsive disorder.</li> <li>• Individual psychotherapy is occasionally available.</li> <li>• Self-Change Programme (SCP) for violence reduction for eligible offenders 1x weekly 'rolling' programme. The programme lasts around 9 months.</li> <li>• OT service offering lifestyle and vocational opportunities including cooking group, picture framing, painting and decorating, gym and sports hall.</li> <li>• Substance misuse intervention 1x weekly. The programme lasts around 1 year.</li> <li>• Extensive rehabilitation opportunities, including community leave; opportunities to engage in Experts by Experience (XbX) programme.</li> </ul>
<b>Contact Details</b>	Dr Celia Taylor, Lead Clinician & Head of Service Tel: 020-8510 2632, Fax: 020-8510 2604 E-mail: <a href="mailto:celia.taylor@eastlondon.nhs.uk">celia.taylor@eastlondon.nhs.uk</a>
<b>Web Links</b>	<a href="http://www.eastlondon.nhs.uk/Services/Forensic/John-Howard-Centre-(Medium-Secure)/East-India-Ward.aspx">http://www.eastlondon.nhs.uk/Services/Forensic/John-Howard-Centre-(Medium-Secure)/East-India-Ward.aspx</a>

## Oswin Unit at Bamburgh Clinic, St Nicholas Hospital

<b>Address</b>	St Nicholas Hospital, Jubilee Road, Gosforth, Newcastle upon Tyne, NE3 3XT
<b>Description of service</b>	The Oswin Unit is a medium secure service for adult aged males who require treatment in secure services due to risk. Treatment is mainly psychological and social, focussing on establishing and altering those patterns of thinking and feeling which drive problematic behaviours. Attention is given to both the major personality structures (antisocial, avoidant, paranoid or such) and offending (aggression, setting fires, physically or sexually assaulting others and such). The patient's active engagement and participation in the treatment programme is essential.
<b>Delivery partners</b>	NHS England
<b>Number of places</b>	16
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Minimum: 2 years Maximum: 5 years.
<b>Catchment area</b>	NHS England
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Adult aged males with a primary diagnosis of PD.</li> <li>• History of offending and already subject to detention in hospital or prison.</li> <li>• Requires and is capable of being managed in a medium secure setting</li> <li>• Capable of, and willing to, engage in the assessment and treatment programme</li> <li>• Clearly defined and agreed discharge pathway with either referring agent or appropriate local service</li> </ul>
<b>Interventions offered</b>	<ul style="list-style-type: none"> <li>• Individual and group work.</li> <li>• Group based PD Group Programme:             <ol style="list-style-type: none"> <li>1. Understanding PDs (psycho-education);</li> <li>2. Understanding Thinking (cognitive styles and skills);</li> <li>3. Understanding Emotions (emotional regulation, resilience and self management skills);</li> <li>4. Understanding Relationships (how you utilise all of the above to maintain longer term relationships based on mutuality, reciprocity &amp;c.).</li> </ol> </li> <li>• Occupational Therapy and ward based structured group activities.</li> <li>• CBT and Schema focussed approaches.</li> <li>• Offence Focussed Programmes</li> <li>• Medication as appropriate to the individual</li> </ul>
<b>Contact Details</b>	Mr Mark Cookson, Clinical Nurse Manager, <a href="mailto:mark.cookson@ntw.nhs.uk">mark.cookson@ntw.nhs.uk</a>
<b>Web Links</b>	<a href="http://www.ntw.nhs.uk">www.ntw.nhs.uk</a>

## HMP and YOI Swinfen Hall PD Treatment Service and PIPE

<b>Address</b>	HMYOI Swinfen Hall, Lichfield, Staffordshire, WS14 9QS
<b>Description of service</b>	Assessment, Treatment and Consolidation Unit for offenders aged 18-25, with traits of emerging PD. This unit will be specifically for those deemed at high risk of violent and or sexual reoffending.
<b>Delivery partners</b>	Northamptonshire Healthcare NHS Foundation Trust HM Prison Service
<b>Number of places</b>	15 assessment/ admission 15 treatment 60 Consolidation
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	3 years maximum
<b>Catchment area</b>	Midlands and North
<b>Entry Criteria</b>	For treatment and assessment: Individuals with medium/high or very high risk of a violent or sexual offence and additionally offenders who: <ul style="list-style-type: none"> <li>▪ Repeatedly move from one establishment to another or wing to another</li> <li>▪ Have repeated adjudications</li> <li>▪ History of Substance use</li> <li>▪ Self harm</li> <li>▪ Identify as being vulnerable to bullying or instigation</li> <li>▪ Are on anti-depressants/anti-psychotic medication for mood stabilisation</li> <li>▪ Present with challenging behaviours.</li> </ul> For the PIPE: <ul style="list-style-type: none"> <li>▪ Have completed a period of treatment, e.g. DTC or PD treatment programmes</li> </ul>
<b>Interventions offered</b>	For treatment service: <ul style="list-style-type: none"> <li>▪ DBT informed groups</li> <li>▪ Cognitive Analytic Therapy</li> </ul> For PIPE: <ul style="list-style-type: none"> <li>▪ Social Creative Sessions</li> <li>▪ Structured Group Sessions</li> <li>▪ Key worker sessions</li> </ul>
<b>Contact Details</b>	<a href="mailto:Sunil.lad@nhft.nhs.uk">Sunil.lad@nhft.nhs.uk</a>
<b>Web Links</b>	n/a



## HMYOI Aylesbury Pathway Service

<b>Address</b>	HMYOI Aylesbury, Bierton Road, Aylesbury, BUCKS, HP20 1EH
<b>Description of service</b>	The Service has been designed for high risk young offenders with behavioural, emotional and relationship difficulties. The service will offer a range of activities to help service users progress through their sentence addressing their needs in an individual way. It is particularly aimed at those who are not able to (for various reasons) to access the normal services already available in the prison due to the way they behave.
<b>Delivery partners</b>	HMYOI Aylesbury London Pathways Partnership (LPP)
<b>Number of places</b>	15-20
<b>Residential or non-residential</b>	Non residential
<b>Approx. length of intervention</b>	No set length of intervention.
<b>Catchment area</b>	National
<b>Entry Criteria</b>	Identified history of: Hurts themselves, hurts others, gets into fights regularly, can't make progress in their sentence or in life, are always on basic or regularly return to basic, spends a lot of time located in the segregation unit, staff find challenging in the behaviour, are impulsive, which may include self-harming, struggle to manage their feelings, anti-social behaviour, confrontational, and any other relevant information
<b>Interventions offered</b>	The Service will offer individualised treatment packages based on clients' needs and interests. The Service will draw on individual and group based treatments.
<b>Contact Details</b>	<a href="mailto:aylesburypathwaysser@hmps.gsi.gov.uk">aylesburypathwaysser@hmps.gsi.gov.uk</a> Kevin Morris, prison lead: <a href="mailto:kevin.morris@hmps.gsi.gov.uk">kevin.morris@hmps.gsi.gov.uk</a> Jake Shaw, clinical lead: <a href="mailto:jake.shaw@hmps.gsi.gov.uk">jake.shaw@hmps.gsi.gov.uk</a>
<b>Web Links</b>	n/a

## HMYOI Warren Hill Democratic Therapeutic Community

<b>Address</b>	HMP Warren Hill, Grove Road, Woodbridge, Suffolk, IP12 3BF
<b>Description of service</b>	Democratic Therapeutic Community. The DTC is a planned environment that promotes group living and aims to reduce reoffending in individuals who have self-management, interpersonal, affective and cognitive deficits.
<b>Delivery partners</b>	NOMS and NHS England
<b>Number of places</b>	40 Bed unit
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	A <u>minimum</u> of 18 months left to serve on a custodial sentence is required to participate in therapy
<b>Catchment area</b>	England and Wales
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Adult male offender</li> <li>• Minimum of 18 months left to serve on sentence</li> <li>• No current sexual offence</li> <li>• Up to date OASys</li> <li>• Free from ACCTs and adjudications for at least 6 months</li> <li>• No active major mental illness</li> <li>• Sufficient level of motivation to change and acceptance of responsibility</li> </ul>
<b>Interventions offered</b>	Large community meetings, small therapy groups, and individualised therapy plans. Feedback is a key element of progress as it helps members confront their problems.
<b>Contact Details</b>	<a href="mailto:TCWarrenHill@hmps.gsi.gov.uk">TCWarrenHill@hmps.gsi.gov.uk</a> 01394 633 400
<b>Web Links</b>	n/a

## HMYOI Warren Hill PIPE

<b>Address</b>	HMP Warren Hill, Grove Road, Woodbridge, Suffolk, IP123BF
<b>Description of service</b>	The PIPE unit is designed to help individuals to interact with other residents and staff alike in a safe, friendly and productive way. In doing this residents will have the opportunity to practice and apply the skills that have been learned from previous group work. The aim of this is to help residents to prepare for their next step, whether this is to a lower category prison or release into the community.
<b>Delivery partners</b>	HMPS and NOMS Regional Psychological Service
<b>Number of places</b>	20
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	6 months
<b>Catchment area</b>	National
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Have completed a period of treatment, e.g. DTC or PD treatment programmes</li> <li>• Indeterminate Sentenced Prisoners who completed all programmes identified on their sentence plan preparing to progress to Category D Status</li> <li>• Long term determinate sentenced prisoners post programmes for transition to the resettlement estate or to open conditions</li> </ul>
<b>Interventions offered</b>	<ul style="list-style-type: none"> <li>• Social Creative Sessions</li> <li>• Structured Group Sessions</li> <li>• Key worker sessions</li> </ul>
<b>Contact Details</b>	Sally Evans – Clinical Lead <a href="mailto:Sally.evans3@hmps.gsi.gov.uk">Sally.evans3@hmps.gsi.gov.uk</a>
<b>Web Links</b>	n/a

## HMP Wayland Treatment Service and PIPE

<b>Address</b>	E-wing Enabling Environment, HMP Wayland, Griston, Norfolk IP25 6RL
<b>Description of service</b>	<p>96 Bed Unit for Category C adult male offenders with personality difficulties, offering assessment and treatment and a progression PIPE for offenders who have completed high intensity intervention, all under one roof.</p> <p>Service is based in a resettlement prison with a focus on progressing offenders who have personality difficulties, into open conditions or the community.</p> <ul style="list-style-type: none"> <li>• 48 Bed Progression PIPE taking residents from June 2014, fully operational in October 2014.</li> <li>• 12 Bed Treatment Service, due to open in Spring 2015. 12 Bed Assessment Service expected to open early 2015.</li> </ul>
<b>Delivery partners</b>	Norfolk and Suffolk NHS HMP Wayland Eastern Regional Psychological Services.
<b>Number of places</b>	96
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	<ul style="list-style-type: none"> <li>▪ PIPE- offenders should have 6 months or more left to serve but there is no minimum length of stay. Offenders can stay up to 2 years if necessary.</li> <li>▪ Treatment and Assessment – Assessment period of up to 3 months and treatment duration will vary dependent on individual formulation, but will be of high intensity.</li> </ul>
<b>Catchment area</b>	National Resource with priority to Eastern Region and The Midlands.
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Category C adult males</li> <li>• minimum of 6 months to serve</li> <li>• IQ level to meet non adapted interventions</li> <li>• Priority given to offenders in catchment area.</li> </ul> <p>Exclusions</p> <ul style="list-style-type: none"> <li>• foreign national offenders</li> <li>• sexual Offending</li> <li>• those requiring 24 hour healthcare; acutely unwell</li> </ul>
<b>Interventions offered</b>	Standard Offender Behaviour Treatments: TSP, ARV, 12 Step SDTP, Resolve, SCP, Sycamore Tree, Full RAPt Psychosocial Service and IDTS, I-DAP and ASSIST within assessment service from 2015. Full range of vocational and educational courses.
<b>Contact Details</b>	E-wing Administrator, <a href="mailto:Tina.Steed@hmpr.gsi.gov.uk">Tina.Steed@hmpr.gsi.gov.uk</a>
<b>Web Links</b>	n/a

# Part D: Low secure (Health), Open Prisons and Probation Approved Premises PIPEs



## Resettle at Merseyside Probation

<b>Address</b>	Resettle, 1 De Havilland Drive, Speke, Liverpool, L24 8RN
<b>Description of service</b>	Intensive Intervention and Risk management Service for high risk men who have complex needs and personality difficulties on their release from prison
<b>Delivery partners</b>	National Probation Service, Merseycare Mental Health Trust, Merseyside Police
<b>Number of places</b>	40
<b>Residential or non-residential</b>	Non residential
<b>Approx. length of intervention</b>	Up to six months prior to release, active intervention for two years, ongoing support and intervention as needed thereafter.
<b>Catchment area</b>	North West England
<b>Entry Criteria</b>	Diagnosed or suspected PD, high risk on release from prison, subject to post custody release licence
<b>Interventions offered</b>	Socio-therapy; psychologically informed individual and group interventions aimed at addressing risk and need, delivered within an enabling environment; social integration activities; practical support and skills development
<b>Contact Details</b>	Dr Vikki Baker Joint Service Director (Mental Health) <a href="mailto:Vikki.Baker@probation.gsi.gov.uk">Vikki.Baker@probation.gsi.gov.uk</a> Tel: 0151 494 4390
<b>Web Links</b>	n/a

## Douglas House Project at the Bracton Centre (Oxleas)

<b>Address</b>	Bracton Centre, Bracton Lane, off Leyton Cross Road, Dartford, Kent DA2 7AF
<b>Description of service</b>	Douglass House Project (DHP) offers both residential and outreach services to men with complex emotional and behavioural problems meeting criteria for PD and serious offending histories. The residential service comprises six self-contained flatlets and aims to assist residents to successfully re-integrate into the community. The outreach service offers support to those with their own accommodation in the community.
<b>Delivery partners</b>	<p><b>DHP</b> is a partnership project between Oxleas NHS Foundation Trust, the social care provider Turning Point, and London Probation. The Forensic Psychological Therapies Service (FPTS) at Oxleas NHS Foundation Trust provides a range of psychological assessment and treatment services for men and women living in the community who have longstanding emotional and behavioural problems.</p> <p><b>Oxleas</b> NHS Foundation Trust is the lead partner in the London Pathways Partnership (LPP). LPP is a partnership of four London NHS Trusts, which works with NOMS partners in prison and probation to deliver psychologically-informed services to high risk offenders with PD, both in the community and in prisons. These services are part of the national OPD Pathways developments. LPP is also the health partner in the service at HMPYOI Aylesbury currently under development.</p> <p><b>Sova</b> Support Link (SSL) is a partnership project between Oxleas NHS Foundation Trust and the charitable organisation Sova, which provides a befriending and support service to men and women with lifelong psychological needs and a history of offending behaviour. The service is provided by volunteers and based on the Circles of Support &amp; Accountability (COSA) model. It aims to improve clients' quality of life and to enable them to live safely and successfully as part of their local community.</p>
<b>Number of places</b>	<p>The Douglass House Project residential service has places for six residents plus an assessment bed.</p> <p>The Forensic Psychological Therapies Service receives about 300 outpatient referrals per year.</p>
<b>Residential or non-residential</b>	Both residential (DHP) and non-residential services.
<b>Approx. length of intervention</b>	Interventions range from one-off assessments, through short individual and group treatments, to longer term (12 months+) community treatment and residential placements of up to two years.
<b>Catchment area</b>	Bromley, Bexley, Greenwich and Lewisham. Residents of Southwark may also be eligible for our forensic psychology outpatient services .
<b>Entry Criteria</b>	We provide a service to men and women with long term emotional, relationship and behaviour problems that have been associated with causing harm to others (and often to themselves).
<b>Interventions offered</b>	FPTS provides psychological assessment, individual therapy, workshops, group treatment programmes and access to psychosocial support.
<b>Contact Details</b>	01322 297151
<b>Web Links</b>	<a href="http://www.nhs.uk/Services/hospitals/Overview/DefaultView.aspx?id=34724">http://www.nhs.uk/Services/hospitals/Overview/DefaultView.aspx?id=34724</a>

## North East Community PD team at St Nicholas' hospital

<b>Address</b>	Forensic Community Personality Disorder Team, St Nicholas Hospital, Jubilee Road, Gosforth, Newcastle upon Tyne, NE3 3XT
<b>Description of service</b>	9am - 5pm Monday to Friday. FCPDT was established in 2003 to provide advice and help to men with a diagnosis of PD and who pose a risk of serious violence or sexual violence to others. Our team assesses and provides treatment, in the form of psychosocial interventions, for men who live in the area between Berwick and Middlesbrough and across to Whitehaven. We are a tertiary service so clients need to be referred and held by their local CMHT. We work with local teams across this area to support them in working with this client group and also provide training to a range of agencies and services. The service provides support on an ad-hoc basis to carers/ partners/ family of the men who work with us. If it is identified that additional support is required, the carer is then referred to specialist carer support.
<b>Delivery partners</b>	Northumberland, Tyne and Wear NHS FT
<b>Number of places</b>	10
<b>Residential or non-residential</b>	Non-residential
<b>Approx. length of intervention</b>	6 – 18 months
<b>Catchment area</b>	Berwick to Middlesbrough and North Cumbria down to Whitehaven
<b>Entry Criteria</b>	Men with a diagnosis of PD and who pose a risk of serious violence or sexual violence
<b>Interventions offered</b>	CBT based interventions on an individual basis, around understanding PD, emotion regulation, building and maintaining relationships and understanding yourself.
<b>Contact Details</b>	0191 2232868
<b>Web Links</b>	<a href="http://www.ntw.nhs.uk/sd.php?l=2&amp;d=9&amp;sm=33&amp;id=205">http://www.ntw.nhs.uk/sd.php?l=2&amp;d=9&amp;sm=33&amp;id=205</a>



## FIPTS community PD team, South London and Maudsley NHS

<b>Address</b>	FIPTS Community Service, Landor House, Lambeth Hospital, 108 Landor Road, SW9 9NU	
<b>Description of service</b>	The Forensic Intensive Psychological Treatment Service (FIPTS) Community Team was developed in 2004 in partnership with the Ministry of Justice and Department of Health to treat and manage high risk offenders with severe PD. The FIPTS Community Team sits within a unique care pathway which includes a 15 bedded medium secure unit, a 6 bedded high support hostel, a 4 bedded low support hostel as well as community treatment and support. FIPTS uses the Positive Community Relationships Programme (PCRP), which was developed from Enabling Environment principles, Desistance Theory, and the Transtheoretical Model of Change, to improve psychosocial functioning, community integration and reduce violent reoffending among offenders with PD.	
<b>Delivery partners</b>	Penrose Options, London Pathways Partnership, SOVA, N-Gage	
<b>Number of places</b>	Supported Hostels = 10 places. Community Services = 40 places	
<b>Residential or non-residential</b>	Both residential and non-residential services	
<b>Approx. length of intervention</b>	12-24 months	
<b>Catchment area</b>	Southwark and Lambeth (men). Southwark, Lambeth, Richmond & Kingston, Wandsworth, Croydon (women).	
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>Men and women over 18 who are at medium-high, high-risk of high harm, have a forensic history and likely to meet a diagnosis of personality disorder</li> <li>There is a link between the individual's personality traits and offending behaviour</li> <li>It is also desirable that individuals demonstrate some motivation to address both their personality difficulties and offending behaviour</li> <li>Absence of active major mental illness, learning difficulties (IQ &lt;65) or substance dependence disorders</li> </ul>	
<b>Interventions offered</b>	<b>Intervention levels/intensity</b> Community care coordination with residential support Community care coordination Co-working with offender managers Therapy only	<b>PCRP Therapies</b> Moving Forward Group Personality Disorder Awareness Group Dialectical Behaviour Therapy Mentalisation Based Therapy Violence Reduction Programme Eye Movement Desensitisation and Reprocessing Schema Therapy
<b>Contact Details</b>	FIPTS Community Team: Dr Matt Bruce, Clinical Psychologist, <a href="mailto:matt.bruce@slam.nhs.uk">matt.bruce@slam.nhs.uk</a> ; Tel: 07969 858278	
<b>Web Links</b>	<a href="http://www.slam.nhs.uk/our-services/service-finder-details?CODE=SU0005">http://www.slam.nhs.uk/our-services/service-finder-details?CODE=SU0005</a> <a href="http://www.slam.nhs.uk/our-services/service-finder-details?CODE=SU0015">http://www.slam.nhs.uk/our-services/service-finder-details?CODE=SU0015</a>	

## SOVA Support Link – London, Sheffield and Leeds

<b>Address</b>	1 <sup>st</sup> Floor CRI Offices, 140-142 Kings Cross Road, London, WC1X 9DS (office)
<b>Description of service</b>	Sova is a charitable organisation which recruits and trains volunteers to support disadvantaged people. At Sova Support Link (SSL) we provide specialist trained volunteer mentors who work together in groups (known as 'HUBs') to support people with personality difficulties or high functioning Autistic Spectrum Disorder and a history of serious offending behaviour. We support people at periods of transition including offering a 'through the gate' service from HMP Belmarsh.
<b>Delivery partners</b>	National Probation Service Oxleas NHS Foundation Trust SLaM NHS Foundation Trust BEH NHS Foundation Trust East London NHS Foundation Trust Leeds and York Partnership NHS Foundation Trust HMP Belmarsh
<b>Number of places</b>	70
<b>Residential or non-residential</b>	Non-residential
<b>Approx. length of intervention</b>	6 months (minimum) – 2 years (maximum)
<b>Catchment area</b>	All London boroughs Leeds and Sheffield (for Autistic Spectrum Disorder offenders only)
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• 18 years and over</li> <li>• Traits of personality disorder or high functioning autism or asperger's syndrome</li> <li>• High risk, high harm of reoffending</li> <li>• Significant history of interpersonal violence</li> <li>• Motivated to live an offence-free life</li> <li>• Motivated to engage with volunteer mentors</li> </ul>
<b>Interventions offered</b>	Based on principles from the Good Lives Model and Desistance theory, Sova Support Link offers a psychosocial based volunteer mentoring intervention. Groups of 2-3 volunteers that work in HUBs, aim to build pro-social networks and encourage engagement in crime free activity. Following a jointly agreed action plan, clients, volunteers and professionals work together to help improve community integration and improve individual quality of life.
<b>Contact Details</b>	Sarah Connor (Area Manager) <a href="mailto:sarah.connor@sova.org.uk">sarah.connor@sova.org.uk</a> / 0207 833 6734
<b>Web Links</b>	<a href="http://www.sova.org.uk/project/supportlink">www.sova.org.uk/project/supportlink</a> <a href="https://www.twitter.org.uk/sovasupportlink">www.twitter.org.uk/sovasupportlink</a>

## Kirk Lodge Approved Premises PIPE

<b>Address</b>	Kirk Lodge 322 London Rd, Leicester, LE2 2PJ
<b>Description of service</b>	Kirk Lodge is an approved premises (formerly known as a probation hostel), for men on license or bail or present with a high or very high risk of harm. Operates according to the PIPE model.
<b>Delivery partners</b>	n/a
<b>Number of places</b>	30
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Variable
<b>Catchment area</b>	Leicestershire & Rutland
<b>Entry Criteria</b>	Residents present with high or very high risk of reoffending.
<b>Interventions offered</b>	Structured programme of activities as per PIPE model, including structured psychologically informed sessions and creative sessions with an emphasis on positive social interactions. No formal interventions offered in terms of treatment for PD related difficulties.
<b>Contact Details</b>	0116 270 8327
<b>Web Links</b>	n/a

## Stafford House Approved Premises PIPE

<b>Address</b>	10 Croxteth Road, Toxteth, Liverpool
<b>Description of service</b>	Stafford House is an approved premises (formerly known as a probation hostel), for men on license or bail or present with a high or very high risk of harm. All individuals are subject to statutory supervision with the majority being subject to a post release prison licence. Operates according to the PIPE model.
<b>Delivery partners</b>	The Manchester College provide a significant amount of the daily programme activities (Monday – Fridays 9-5)
<b>Number of places</b>	16
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	The length of residency varies from a few weeks to up to 1 year, with most residents staying for about three or four months.
<b>Catchment area</b>	Mainly a local resource for the Merseyside area although out-of-area cases are considered in emergency cases.
<b>Entry Criteria</b>	Residents present with high or very high risk of reoffending. Our main referral criteria relates to motivation to engage with the programme
<b>Interventions offered</b>	Structured programme of activities as per PIPE model, including structured psychologically informed sessions and creative sessions with an emphasis on positive social interactions. No formal interventions offered in terms of treatment for PD related difficulties.
<b>Contact Details</b>	0151 726 8286
<b>Web Links</b>	n/a